



## STORY: **Moses and the Exodus**

### ABOUT THIS CLASS:

The Bible story for this Frolic Faith Class is from chapters 6-14 in the book of Exodus. You will read the story "Moses and the Exodus" on pages 12-13 in the Frolic First Bible.

## Prep Time

### Putting the Story in Perspective

The story of God and Moses is long and exciting, but filled with drama and violence for which kids aren't yet ready. Through a burning bush, God calls Moses to bring the Israelites out of slavery. Moses doesn't think he's the right person for the job, but God chooses him anyway. Pharaoh doesn't want to free the Israelites and refuses to let them go until God sends ten plagues to Egypt. When the Israelites finally escape Egypt, the Egyptian soldiers pursue them. God parts the Red Sea and God's people cross to safety. This story is one of courage, faith, and perseverance with God's help.

### A Parent's View of the Story

Being freed from slavery was an event to be celebrated, but the Israelites also realized that their lives were about to change drastically. Having children brings lots of joy and excitement, but it also changes every part of parents' lives—including exhaustion, additional financial burdens, and many unknowns. Parents can relate to the Israelites' adventure into new territory as they reflect on their own adventure through birth, caring for an infant, and raising a toddler. They can remember that just as God was with the Israelites, God is with them on their journey too.

### A Child's View of the Story

Young children hear the word "No" a lot, and it will be one of the first words many of them learn to say. Kids will recognize the word "No" from the beginning of the story and may relate to Pharaoh's familiar facial expression. They'll also notice that the story talks about familiar things like frogs, bugs, sickness, and storms, but they will likely not understand the context of these elements. As they hear the story of God rescuing the people from slavery, they will delight in learning that they are God's people too.



### Bible Verse

"Moses answered the people, 'Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The Egyptians you see today you will never see again.'"

—Exodus 14:13



### Today's Ritual

Use your arms and hands to teach about Moses and the Exodus.

#### God parted the Red Sea.

(Palms together, then apart.)

God's people walked across. (Walk fingers.)

#### God parted the Red Sea.

(Palms together, then apart.)

God's people walked across. (Walk fingers.)



## Gather Time

### If families arrive early:

Encourage parents and children to meet each other.

You can also have music playing in the background and a center available for families to explore together before class begins. Select the center that best fits your space and available materials.

OR

### If you open the door at the start time:

Invite families to sign in, choose an item from the basket, and crawl like bugs to the circle.

### Welcome

Gather together in a circle. **Welcome, families! We are together today to explore the story of Moses and the Exodus in our lives as caregivers of young children.** Lead families in singing a welcoming song, tracks 1-3 on the Frolic Faith Music CD, while children make their bugs and frogs hop and crawl. Then teach the ritual from page 1.

### Share

Lead families to share about a recent unexpected moment when they felt part of God's family. To start the circle, take the lead in celebrating an unexpected moment, or ask a caregiver who would be comfortable being the first to share. Jot down notes in the space to the right so you remember what to include in later prayers.

### Prayer

Dear God,

**We give you thanks for the unexpected moments in our parenting journeys. We ask for your presence and guidance in our community gathered here today.** Incorporate the unexpected events the caregivers named. Amen.



### Get Ready

- Print the Welcome sign and post it at the entrance.
- Place the sign-in sheet and nametags near the door.
- Place the basket of plush toy bugs, frogs, and bug finger puppets on the floor.



### Prayer Notes

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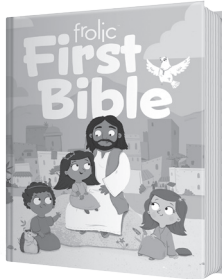
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## Story Time



Hold up the story basket that contains a Frolic First Bible for every family. Place it in the middle of the circle. Lead the story basket rhyme below.

### Group Storytelling

**Let's hear a story from the Bible! This story is about Moses and the Exodus. It is on pages 12-13.** Hold up the Bible Story Poster of "Moses and the Exodus" so everyone can see the picture. Read the story from the back of the poster in a lively, animated way.

Ask these questions and encourage toddlers to respond.

- **Who said "no"?**
- **Moses' name begins with a "mmmm" sound. Let's say "Mmmmoses" together.**
- **Show me with your hands what happened to the water in the sea.**
- **Moses helped God's people. Who helps you?**

Ask families to point to the sentence on the bottom of page 13. Point to all the people in the room as you repeat this statement. **You are one of God's people.** Make sure you point to yourself and say, **I am one of God's people.**



### Sing Together

Sing this song, track 24 on the Frolic Faith Music CD, to invite families to take a Frolic First Bible from the basket.

**Time for a story.  
Come get a book.  
Open the pages.  
Let's take a look.**

If you want to sing together, sing "Halle, Halle, Hallelujah," track 14 on the Frolic Faith Music CD.

### **One-on-One Storytelling**

**Now it's time for you to read the story together.** Give time for caregivers to read the book to their children. Once they've read the story "Moses and the Exodus" together on pages 12-13, offer these tips.

### **For Infants**

Touch your infant's toes while saying, **"You are one of God's people."** Touch your infant's belly while saying, **"You are one of God's people."** Touch your infant's nose again saying, **"You are one of God's people!"**

### **For Toddlers on the Move**

Together point to the different characters in today's story. Say, "No," like Pharaoh. Stand safe like Moses. Leap like the frogs. Crawl like the bugs.

### **For Talkative Toddlers**

Together count all the children who are God's people in our story today. Next count all of God's people in your learning area.



### **Caregiver Conversation**

Sometimes being God's people means making big changes in our lives. Ask parents to connect today's story to a time when they had to make a scary change such as a career move, a move to a new house or city, or a decision to join a church, knowing that in the long run, it was for the better.



### **Transition to Play Time**

Choose an instrument such as a tambourine or chime and play it to get the children's attention. You can also say or sing the song at right.



### **Sing Together**

Sing this song, track 25 on the Frolic Faith Music CD, to transition to Play Time.

**Time to explore!**  
**Time to play!**  
**Find a center**  
**About God today.**

## Play Time

Time to play! Choose the centers that best fit your space and materials. Make photocopies of the center descriptions on pages 8-15, fold them in half, and post them near the materials for parents to reference. Caregivers and children can explore the centers at their own pace. Caregivers may also use this time to connect with each other while their children play and discover.

### 1 Let's Color Together

This center supports **coloring skills**. *For toddlers.*

Supplies: **Moses and the Exodus Coloring Page** on page 16, crayons, and blank paper

Make copies of the Coloring Page and place on a low table with crayons and blank paper.

### 2 Let's Read Together

This center supports **early literacy**. *For infants and toddlers.*

Supplies: Frolic First Bible, Frolic books, board books, letter blocks, and cushions or pillows

Create a cozy reading nook with pillows or cushions. Display the Frolic First Bible and other books. Place letter blocks nearby. Point out that *M* is for *Moses*.

### 3 Jumping Frogs

This center supports **physical development**. *For older infants and toddlers.*

Supplies: An open, padded space and painter's tape

**Tape circles on the floor to make lily pads. Crouch down on the floor and jump like a frog from one lily pad to another.**

### 4 Bug Prints

This center supports **cognitive development** and **creativity**. *For older infants and toddlers.*

Supplies: Large plastic bugs and toddler play clay

Make individual balls of play clay on a toddler-sized table. Set out plastic bugs.

## Play Time continued

### 5 Sea Walk

This center supports **cognitive** and **physical development**. *For infants and toddlers.*

Supplies: Two beach towels (preferably blue)

Spread beach towels on the floor next to one another. Sit on one side of the towels and ask another adult to sit on the other side. Count to three and part the towels, making a path.

Encourage children to walk or crawl through the parted sea.

### 6 Apart and Together

This center supports **language**, **cognitive**, and **physical development**. *For infants and toddlers.*

Supplies: No supplies needed.

While sitting on the floor, say "apart" with separated hands. Then say "together" while closing your hands. Repeat many times with bounce and rhythm. Ask others to join you.

### 7 Sea Drops

This center supports **fine motor development** and **emergent science concepts**. *For older infants and toddlers.*

Supplies: Blue food coloring, eyedroppers, water, and small, unbreakable containers

Fill some containers halfway with water. Put color in the other containers with the droppers.

### 8 Packing Station

This center supports **cognitive**, **emotional**, and **social development**. *For infants and toddlers.*

Supplies: Small suitcases, plastic food, and dress-up clothes

Place items in an area in the room. Encourage families to pack for a long journey.

## Send Time

Prior to the end of Play Time give the children a 2-minute notice that it is almost time to stop playing. At the end of 2 minutes play the same instrument that you played at the beginning of Play Time to get the attention of families.

### Summing It Up

Thank you for reading and playing with us today! It was so much fun to learn about Moses leading God's people to safety. Remember, you are one of God's people too! What will *you* remember about today? Invite any children and caregivers to respond.

### Closing Ritual

Invite caregivers to engage in the ritual from page 1 with their child. Then lead the group in a closing song, such as "Praise God, Praise God," track 17 on the Frolic Faith Music CD.

### Prayer

Begin today's prayer with folded hands.

**Dear God,**

**We are your people,** *(Point to self.)*

**Hooray, hooray!** *(Reach up high.)*

**We are your people,** *(Point to self.)*

**Today, today!** *(Reach up high.)*

**Amen.**



### Sing Together

Sing this song, track 26 on the Frolic Faith Music CD, to call everyone back to the circle.

**Play time is over  
For you and me.  
Come back to the  
circle—  
One two three!**



### Prayer Notes

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Make copies of the Coloring Page and place on a low table with crayons and blank paper.

### For Leaders

Moses and the Exodus Coloring Page on page 16, crayons, and blank paper

### Supplies

This center supports coloring skills. For toddlers.

## Let's Color Together

### Moses and the Exodus

STORY:

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LITTLE STEPS. BIG FAITH.™

### STORY: Moses and the Exodus

## Let's Color Together

### Caregivers, while you do this . . .

Encourage your child to color the images from the book. Delight in their colorful creations!

### Your child is learning this!

- When I color, I develop my fine motor skills.
- Using crayons helps me learn the names of colors.
- When I color pictures from this story, I remember the story of Moses leading God's people.







Create a cozy reading nook with pillows or cushions. Display the Frolic First Bible and other books. Place letter blocks nearby. Point out that M is for Moses.

### For Leaders

Frolic First Bible, Frolic books, board books, letter blocks, and cushions or pillows

### Supplies

This center supports **early literacy**. For infants and toddlers.

## Let's Read Together

### STORY: Moses and the Exodus

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frolic  
LITTLE STEPS. BIG FAITH.™

### STORY: Moses and the Exodus

## Let's Read Together

### Caregivers, while you do this . . .

Enjoy reading together. Point out letters on the blocks. Spell your names and other words together.

### Your child is learning this!

- When I hear you read, I learn about letters, sounds, and words.
- When I handle books, I am learning about features of books and print.
- When I see letters that I can manipulate, I am learning about letter sounds and words.
- **When I see and hear stories about Moses, I learn about the journey of God's people.**





Tape circles on the floor to make lily pads. Crouch down on the floor and jump like a frog from one lily pad to another.

### For Leaders

An open, padded space and painter's tape

### Supplies

This center supports physical development. For older infants and toddlers.

## Jumping Frogs

STORY: **Moses and the Exodus**

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STORY: **Moses and the Exodus**

## Jumping Frogs

### Caregivers, while you do this . . .

Join the game! Crouch down on the floor and jump like a frog from one lily pad to another. Jump together with your child. Or help them jump by holding them while jumping.

### Your child is learning this!

- When I move, my body grows healthy and strong.
- When I jump on lily pads, I learn about where frogs live.
- When I jump like a frog, I remember today's story had frogs in it!





Make individual balls of play clay on a toddler-sized table. Set out plastic bugs.

### For Leaders

Large plastic bugs and toddler play clay

### Supplies

This center supports **cognitive development** and **creativity**. For older infants and toddlers.

## Bug Prints

STORY: **Moses and the Exodus**

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STORY: **Moses and the Exodus**

## Bug Prints

### Caregivers, while you do this . . .

With your child, use the play clay and the bug to bury the bug; make bug prints; or make a bug home.

### Your child is learning this!

- Open-ended materials like play clay help me expand my thinking skills and creativity.
- These creepy, crawly bugs help me connect to today's story.





Spread beach towels on the floor next to one another. Sit on one side of the towels and ask another adult to sit on the other side. Count to three and part the towels, making a path. Encourage children to walk or crawl through the parted sea.

### For Leaders

Two beach towels (preferably blue)

### Supplies

This center supports **cognitive** and **physical development**. For infants and toddlers.

## Sea Walk

### STORY: Moses and the Exodus

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### STORY: Moses and the Exodus

## Sea Walk

### Caregivers, while you do this . . .

Walk with young infants through the parted sea. Walk or crawl through the parted sea with your older infant or toddler.

### Your child is learning this!

- Seeing a concept helps me understand it.
- When we walk and crawl together, I use my body to move.
- I am one of God's people, following God's call.





While sitting on the floor, say "apart" with separated hands. Then say "together" while closing your hands. Repeat many times with bounce and rhythm. Ask others to join you.

### For Leaders

### Supplies

No supplies needed.

toddlers.

This center supports language, cognitive, and physical development. For infants and

## Apart and Together

STORY: **Moses and the Exodus**

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STORY: **Moses and the Exodus**

## Apart and Together

### Caregivers, while you do this . . .

For younger infants, say the words as you gently use your child's arms or legs to do the action. For older children, say the words while doing the matching action. Then ask your child to mirror you.

### Your child is learning this!

- Today I learned another opposite set, *apart* and *together*.
- When I clap, my arms and hands work together.
- Sometimes I need a little help understanding the words in our Bible stories.





Fill some containers halfway with water. Put color in the other containers with the droppers.

### For Leaders

Blue food coloring, eyedroppers, water, and small, unbreakable containers

### Supplies

*For older infants and toddlers.*

This center supports **fine motor development** and **emergent science concepts**.

## Sea Drops

STORY: **Moses and the Exodus**

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frolic  
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STORY: **Moses and the Exodus**

## Sea Drops

### Caregivers, while you do this . . .

Encourage your child to squeeze some color into the water and see what happens. With younger children, squeeze color in and watch together. Make comments about what is happening.

### Your child is learning this!

- When I squeeze, my fingers grow strong.
- When I watch the color disperse, I learn about diffusion.
- **There was water in our story today. God parted the water for God's people.**





Place items in an area in the room. Encourage families to pack for a long journey.

### For Leaders

Small suitcases, plastic food, and dress-up clothes

### Supplies

This center supports **cognitive, emotional, and social development**. For infants and toddlers.

## Packing Station

STORY: **Moses and the Exodus**

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frolic  
LITTLE STEPS. BIG FAITH.™

STORY: **Moses and the Exodus**

## Packing Station

### Caregivers, while you do this . . .

With your infant, walk around your learning space saying in a sing-song voice, **"We are going on a journey, a journey with God."** With your older infant or toddler, pack for a long journey with the Israelites and then take a small walk with your supplies.

### Your child is learning this!

- Pretend play helps me understand my world.
- I can go on a journey with God too!





Moses led God's people.