



LESSON THREE

Lesson Goal: The children will learn that we should think of what God wants us to do before we act.

Main Point: Self-control: I Will Think Of What God Wants Me To Do Before I Act.

Bible Story: David spares Saul's life. (1 Samuel 26)

Memory Verse: *Proverbs 25:28*

"A person without self-control is like a city with broken down walls." (NLT)

WHAT IS THE PURPOSE OF THESE ACTIVITIES?

Johnny's Day (Instructional Opening Activity)

The purpose of this activity is to introduce the kids to the idea that self-control is thinking about what God would want them to do before they act.

Fruit Salad Games (Thematic Opening Activity)

The purpose of this activity is to introduce the Main Point through a fruit-themed game.

The Thematic Opening Activity is an added feature in this Elevate series. You may use multiple opening activities or pick the ones your kids will most enjoy.

Skit and Bible Story (Large Group Activity)

This Skit and Bible Story teach the children that, before we act, we should take some time to think about what God wants us to do.

Help Twitch (Small Group Activity)

The purpose of this activity is to help the children review the Bible Story and get into their Bibles.

Red Apple/Green Apple (Small Group Activity)

The purpose of this activity is to demonstrate to the kids that self-control means thinking before you act.

How Hard Can It Be? (Small Group Activity)

The purpose of this activity is to show the children that they use self-control every day.

Stop, Think, Act (Small Group Activity)

The purpose of this activity is to give the kids a chance to practice thinking about what God wants them to do before they act.

Block Out (Small Group Activity)

The purpose of this activity is to demonstrate to the children how not having self-control can mess up your life.

Blast-Off Harvest (Large Group Activity)

This is a strategic time to review and reinforce the content of the lesson.

BERRY BLAST THEME PARK

LESSON 3: SELF-CONTROL: I WILL THINK OF WHAT GOD WANTS ME TO DO BEFORE I ACT!

Single Teacher version - "Watch & Train" DVD

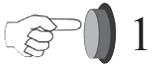


Purpose Statement: This Skit and Bible Story teach the children that, before we act, we should take some time to think about what God wants us to do.

Materials/Props Needed: Lesson 3 DVD materials.

- Lead the children through the opening activity "Fruit Salad Games" and/or "Johnny's Day".

- Begin Worship Time.



1

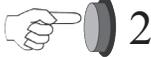


1

STOP

TEACHER

(CD Track # 1) It's time for another day here at Berry Blast Theme Park! I think we need to get up and get movin' before we officially start. Everybody up, it's time for some singing!



2

Teacher leads the children in singing the song.



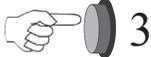
1

TEACHER

(CD Track # 1) Wow, that was some loud singing. I love the energy you all bring each weekend! We're still learning about the fruit of the Spirit in this series. To help us out, I want us to play another round of "Name That Tree." (CD Track # 6)

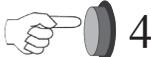


6



3

Note: Play "Name That Tree Video" chapter 3.



4

TEACHER

Here's the first picture. (4) This is a picture of the tree's trunk. What kind of tree is this?

Note: Ask the children if they can guess and then move on to the next slide.



5

TEACHER

(5) Okay, here's a picture of the leaves of the same tree. Now can you tell me what kind of tree this is?

Note: Ask the children if they can guess and then move on to the next slide.



6

TEACHER

All right, there's one more picture that shows part of this tree. (6) It's the fruit. Can you tell what kind of tree it is now?

Note: The children should be able to guess this time.

TEACHER

That's right, it's a pear tree. We can tell what kind of tree it is by looking at the fruit, and it's the same for us. People will know

1



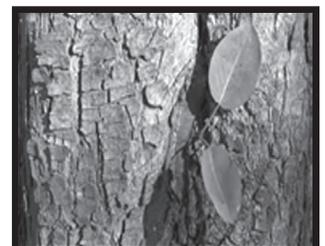
2



3



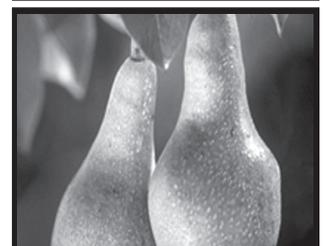
4



5



6



BERRY BLAST THEME PARK

what kind of people we are by the fruit in our lives. That's why we need to have the fruit of the Spirit in our lives. Remember, the fruit of the Spirit is Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-control. Today we will be talking about Self-control. Having Self-control means we don't just run around doing whatever we want. Instead, we think before we act or speak. Specifically, we think about what God wants before we act. Self-control is very important and I think shouting our Main Point will help you all remember. Our Main Point is: **Self-Control: I Will Think of What God Wants Me To Do Before I Act!** Everybody up, it's time to shout!



Note: Teacher leads the children by first demonstrating the Main Point with motions. Then have the children repeat the Main Point two or three times.

TEACHER

(to children) Once again, my ears are hurting thanks to the crazy loud shouting! Great job! Now some of you might have trouble with Self-control; sometimes I do too. The problem is that if we don't have Self-control we're not taking time to do what God wants, we're just doing what we want. And a lot can go wrong. In fact, I think that a lot goes wrong today with Bernie and Twitch and I bet it has something to do with not having self-control. Let's see what they're up to today.



Note: Play Skit Video followed by Race Video.

TEACHER

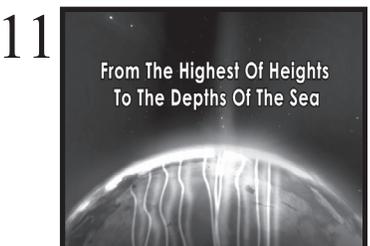
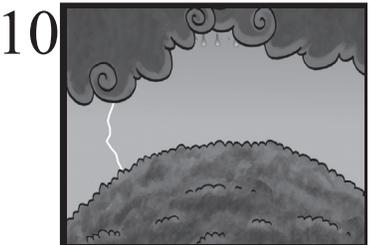
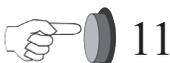
Wow! The whole park was in chaos all because Twitch didn't have Self-control. People were running around scared or confused or they left the park completely. And during the Bible Story, Saul was really lucky that David had self-control. Self-control can really help you avoid a lot of problems. In fact that's exactly what our Bible verse today talks about. Check it out.



Proverbs 25:28 "A person without self-control is like a city with broken-down walls." NLT

TEACHER

When this verse was written, cities were a lot different. Back in those days a city needed a strong wall all around it for protection against armies that might try to attack. If the city's walls were broken down, then it had no protection and invading armies could just march right in. This verse is saying that having self-control protects us from a lot of life's problems. Think about it, if we don't have self-control we might say or do something without thinking and we could get into a lot of trouble. Remember, having self-control isn't just about thinking before we act, it's about thinking of what God wants us to do before we act. A great way to find out what God wants is to read our Bibles and come to church. One thing that God wants us to do is worship Him. I want us to do that right now by singing and then giving our offering. Please stand and sing with me.



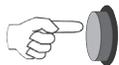
BERRY BLAST THEME PARK

Teacher leads the children in singing the song and then begins the offering time.

 12 OFFERING

 # 7
TEACHER
 (CD Track # 7) Thank you for singing with me. We're going to continue worshipping God with our offering. Remember, this is a special time to focus on God and everything he has blessed you with.

Teacher takes up offering.

 13

 # 1
TEACHER
 (CD Track # 1) And now it is time for our Small Groups. We'll learn some more about self-control and how it can help us in our everyday lives.

 14 SMALL GROUPS

TEACHER

 15
 Now that everyone is back from Small Groups I can get you all to help me with a little something. I need some help with a little something called **Blast-Off Harvest!**

Note: Lead the children through the questions. Hit "play" when a child has given you the right answer.

CLOSING

 # 1
TEACHER
 (CD Track # 1) That was some great participation! Thanks for helping us. Come back next week as we talk about another fruit of the Spirit. And don't forget our main point: **Self-Control: I Will Think of What God Wants Me To Do Before I Act!**



Johnny got up and had a bowl of his favorite cereal for breakfast. It tasted so good he wanted to have a second bowl, even though he wasn't hungry anymore. Johnny stopped and thought about how God wanted him to take care of his body by eating healthy food and not over-doing it. So he grabbed an apple to eat later as a snack and ran outside to play.

Johnny got up and had a bowl of his favorite cereal for breakfast. It tasted so good he wanted to have a second bowl, even though he wasn't hungry anymore. Johnny couldn't resist his favorite cereal, so he ate a second bowl, and then a third. He went out to play feeling so full that he could hardly move.

After going outside Johnny wanted to ride his bike to the park, but his bike was old and junky looking. Johnny saw that his neighbor Shawn's cool looking brand new bike was lying out in the front lawn across the street. Johnny knew that God didn't want him to take things that didn't belong to him, so he dug his skateboard out of the closet and started down the street to the park.

After going outside Johnny wanted to ride his bike to the park, but his bike was old and junky looking. Johnny saw that his neighbor Shawn's cool looking brand new bike was lying out in the front lawn across the street. Johnny slowly walked across the street, grabbed Shawn's bike, and started riding away toward the park as fast as he could.

Johnny got to the park and saw some little kids on his favorite swing. Johnny really wanted to swing. Johnny knew that God wanted him to treat others the way he would want to be treated, so he pushed the little kids on the swing so that they could swing higher.

Johnny got to the park and saw some little kids on his favorite swing. Johnny really wanted to swing. Johnny rode the bike through the swings really fast and yelled to scare the little kids away.

Johnny heard the noise of the ice cream truck pulling up on the other side of the park. Everyone started to run over to get ice cream. Johnny already had an apple for a snack so he watched the other kids go racing across the park. Now he was on his own. He got to swing all he wanted. Then he ate his apple and went over to the skate park and practiced some tricks before he went home.

Johnny heard the noise of the ice cream truck pulling up on the other side of the park. Everyone started to run over to get ice cream. Johnny got on Shawn's bike and raced across the park. He looked back over his shoulder to see how far ahead of the other kids he was. Just then the bike's front tire hit a big rock and the bike flipped. Johnny skidded on the ground hitting his head and tearing his favorite jeans. When he got up to look at the bike the front wheel was bent and the tire was flat. Johnny's stomach started to hurt real bad as he walked the bike back toward home.

When Johnny got home, he saw Shawn standing in his driveway with both of their dads. Johnny's dad said "There you are, Johnny. We've been looking for you." Shawn said that he and his dad were entering a father and son bike race next week, and wanted to know if Johnny and his dad wanted to join them. Johnny said "I'd love to but my bike is old and looks kind of junky." Johnny's dad said, "Why don't we give it a paint job and fix it up together? We'll be there." Johnny and his dad had a great time together fixing his bike and entering the race.

When Johnny got home, he saw Shawn standing in his driveway with both of their dads. Johnny's dad said "There you are, Johnny. We've been looking for you." "Why did you take something without asking, Johnny?" Johnny felt so sick he couldn't even answer. He mumbled "I'm sorry," and ran inside to throw up the three bowls of cereal. Johnny's dad came in and told him that he was letting Shawn take Johnny's bike for the rest of the summer, and Johnny would have to work mowing lawns over the summer until he made enough money to repair Shawn's bike.



JOHNNY'S DAY

OPENING ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.



Purpose: The purpose of this activity is to introduce the kids to the idea that self control is thinking about what God would want them to do before they act.

Description: The children hear a story about a kid who makes lots of choices either using self-control or not.

Materials Needed: For this activity you will need this help sheet, a white board or poster board, the "Johnny's Day Lesson 3" printouts from your Lesson Materials CD Rom, and tape or some other way to attach the story to the board.

Note: Cut out the sections of the story before the kids arrive.



To introduce this activity, say the following:

1. Today we are going to see the difference that self control makes in our lives.
2. I want you to listen to this story about Johnny.
3. Johnny has many opportunities to use self control during his day.
4. Each time I read a section one of you will put it on the "Self-control" side of the board if Johnny used self-control, or the "No self-control" side if Johnny didn't use self-control.

For detailed instructions on how to do the activity see the DVD.

Note: Read the positive segment of Johnny's day first. Then read the negative version of that segment. Continue to alternate between the positive and negative segments.



During the activity, say the following:

1. Did Johnny use self-control?
2. How do you think that will affect Johnny's day?



After the activity, say the following:

1. Which one of these days would you rather have happen to you? The self-controlled day or the other day? (*The self-controlled day.*)
2. God wants us to use self-control because He has our best interests in mind.
3. If we don't use self-control we are inviting trouble into our lives just like Johnny did.

Summary: In this story Johnny exercised self-control when he made the choices God wanted him to make. Self-control is thinking about what God would want you to do before you act. Today we are talking about self-control.



FRUIT SALAD GAMES

OPENING ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.



Purpose: The purpose of this activity is to introduce the Main Point through a fruit-themed game.

Description: The children will play one or more games with a fruit theme. The scoring for the games will use pieces that go together to spell out the Main Point.

Note: You may choose to use one or more games each week in combination with, or in place of, the regular opening activity.

Materials Needed: For this activity you will need this help sheet, the “Main Point Pieces Lesson 3” (one for each team) from your Lesson Materials CD Rom, and the supplies for the games you choose to play. For *Fruit Harvest*: A large number of fruit-colored balls, a bed sheet for each team. For *Juicy Fruit Relay*: Each team will need a bucket full of water and fruit-colored sponge balls, and a clear container with twelve (12) marks on the outside. For *Which Fruit?*: Large Kiddie pool filled with balls or balloons, several varieties of plastic fruit, a blindfold for each team.



To introduce this activity, say the following:

1. Our Berry Blast series is all about fruit!
2. Let’s play some fruit-themed games to learn what our Main Point is today.

For detailed instructions on how to do the activity see the DVD.

Note: Divide the kids into teams and play any or all of the games that you choose.



During the activity, say the following:

For “*Fruit Harvest*”: Scatter the “fruit” all over the room. Lay the Main Point pieces face down. After each round you can scatter the same “fruit” back around the room again or choose another color.

1. We are going to play a game called Fruit Harvest.
2. Fruit-colored balls are scattered around the room in different areas.
3. Each team has to use a sheet to pick up as much “fruit” as you can in thirty seconds.
4. You must keep one hand on the sheet at all times.
5. You can only pick up the color of fruit that I ask for.
6. The team that has the most fruit at the end of the round gets to turn over a piece of the Main Point.
7. First team to turn over the whole Main Point wins.

For “Which Fruit?”: Fill a large tub or Kiddie pool with balloons or balls. Toss different shaped plastic fruit in the pool for each team; about five or six pieces of each type of fruit. A blindfolded kid from each team feels around in the pool to find the assigned fruits.

1. We are going to play a game called Which Fruit?
2. One at a time you will be blindfolded, then you will dig in the pool for your team’s fruit for thirty seconds.
3. If your team finds the most, you get to turn over a piece of the Main Point.
4. First team to turn over the whole Main Point wins.

For “Juicy Fruit Relay”: Set up a relay race. Put plastic or tarps down along the path to catch water spills. On one end put buckets of water containing foam or sponge balls representing fruit. On the other end put clear containers with thirteen (13) marks on the outside representing the pieces of the main point. (Self-control: I Will Think Of What God Wants Me To Do Before I Act.)

1. We are going to play a game called Juicy Fruit Relay.
2. You will bring the fruit back to your container and squeeze out the juice.
3. Every time you reach one of the lines you get to turn over a piece of the Main Point.
4. First team to turn over the whole Main Point wins.



After the activity, say the following:

1. Great job! Good teamwork!

Summary: You did a great job playing our Fruit Salad Games and learning today’s Main Point: Self-control: I Will Think Of What God Wants Me To Do Before I Act. Let’s go into large group and learn more about it.



Fruit Salad Games
Lesson 3

Self-Control



Fruit Salad Games

Lesson 3

7



Fruit Salad Games Lesson 3

Wii



Fruit Salad Games
Lesson 3

Think



Fruit Salad Games Lesson 3

Of



Fruit Salad Games
Lesson 3

what



Fruit Salad Games Lesson 3

God



Fruit Salad Games Lesson 3

Wants



Fruit Salad Games Lesson 3

Me



Fruit Salad Games Lesson 3

To



Fruit Salad Games Lesson 3

Do



Fruit Salad Games
Lesson 3

Before



Fruit Salad Games

Lesson 3

7



Fruit Salad Games Lesson 3

Act.



RED APPLE/GREEN APPLE

SMALL GROUP ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.



Purpose: The purpose of this activity is to demonstrate to the kids that self-control means thinking before you act.

Description: The children play a game of Red Apple/Green Apple, (*Red Light/Green Light*) where they have to use self-control to win.

Materials Needed: For this activity you will need this help sheet and some taped lines on the floor.



To introduce this activity, say the following:

1. Today we are talking about self-control.
2. We are going to play a game to see how much self-control you have.
3. Have you ever played Red Light, Green Light?
4. Well we are going to play Red Apple, Green Apple.
5. Everyone will try to get from this line to this line.
6. When I say "Green Apple" and turn away, you can move toward this line.
7. When I say "Red Apple" and turn back, you have to be frozen still.
8. If you are moving at all when I turn around, you have to start over.

Use tape in Children's Bin #2

For detailed instructions on how to do the activity see the DVD.

Note: Get the kids in position and play the game. Keep throwing in Green Banana, Green Grape, Green Avocado, Green Tomato, Green Pepper, to throw the kids off.



During the activity, say the following:

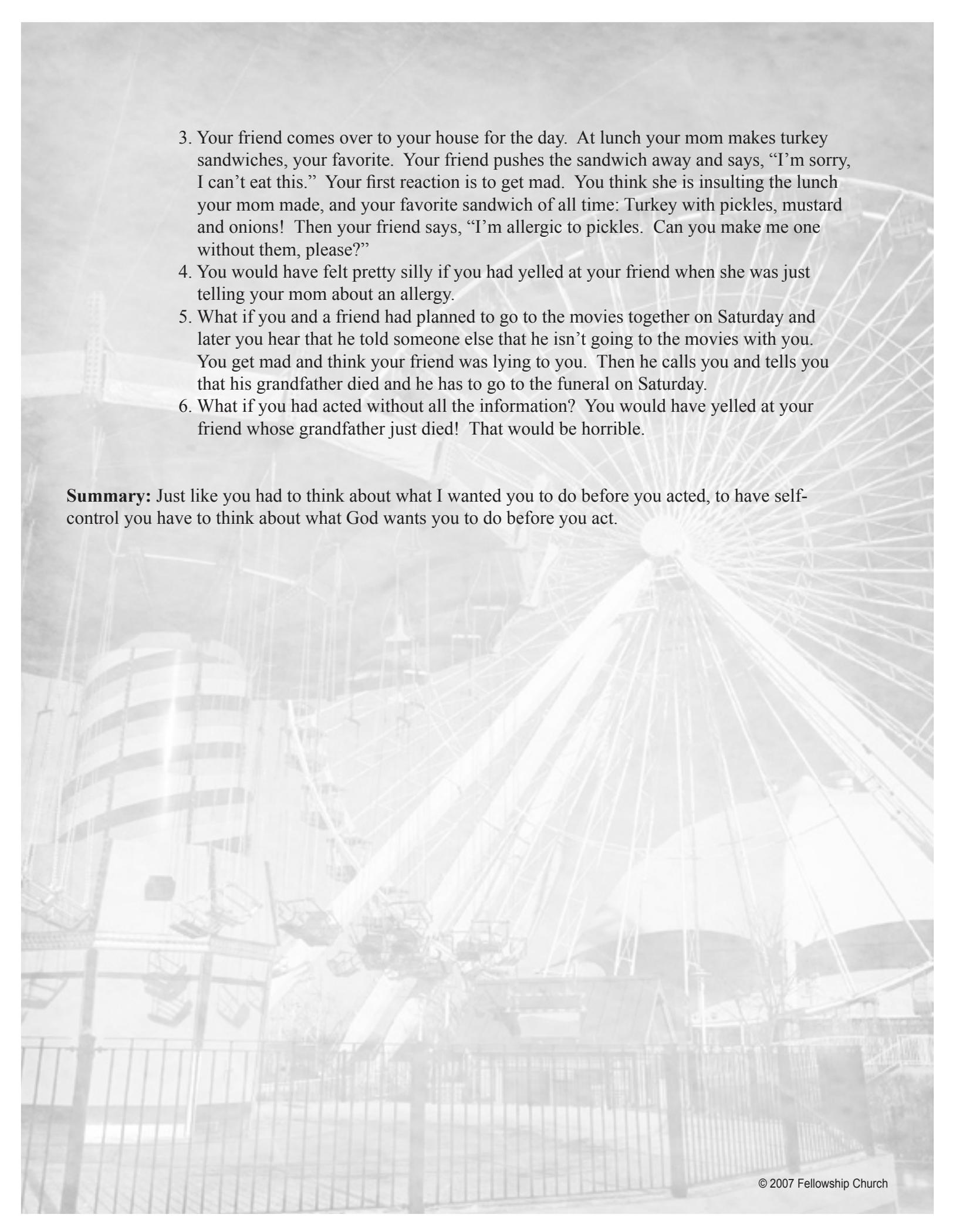
1. If you don't have self-control, you have to start over.
2. Oops. I didn't say Green Apple. You have to start over.
3. Go back to the beginning.
4. Good job!

Note: Play as many rounds as you want.



After the activity, say the following:

1. When you heard "Green" you wanted to go, but you couldn't just react, you had to stop and think.
2. Let me give you an example of what that is like in our lives.

- 
3. Your friend comes over to your house for the day. At lunch your mom makes turkey sandwiches, your favorite. Your friend pushes the sandwich away and says, "I'm sorry, I can't eat this." Your first reaction is to get mad. You think she is insulting the lunch your mom made, and your favorite sandwich of all time: Turkey with pickles, mustard and onions! Then your friend says, "I'm allergic to pickles. Can you make me one without them, please?"
 4. You would have felt pretty silly if you had yelled at your friend when she was just telling your mom about an allergy.
 5. What if you and a friend had planned to go to the movies together on Saturday and later you hear that he told someone else that he isn't going to the movies with you. You get mad and think your friend was lying to you. Then he calls you and tells you that his grandfather died and he has to go to the funeral on Saturday.
 6. What if you had acted without all the information? You would have yelled at your friend whose grandfather just died! That would be horrible.

Summary: Just like you had to think about what I wanted you to do before you acted, to have self-control you have to think about what God wants you to do before you act.



HOW HARD CAN IT BE?

SMALL GROUP ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.



Purpose: The purpose of this activity is to show the children that they use self-control every day.

Description: The children make a list of activities in which they exercise self-control in their lives.

Materials Needed: For this activity you will need this help sheet, as well as some poster board and markers, or a whiteboard and dry erase markers.



To introduce this activity, say the following:

1. What do you guys think about self-control? Is it easy or hard? (*Hard.*)
2. It may seem really hard, but I think you use self-control more than you think.
3. I'm going to list some things that you do that involve self-control.
4. Then I want you to help me come up with some more things you do that use self-control.

For detailed instructions on how to do the activity see the DVD.



During the activity, say the following:

1. What if you came home and saw five cookies on a plate in the kitchen? If you ate just one cookie instead of gobbling them all down, then you are using self-control.
2. What about when the teacher asks you to come into class and sit down? If you walk to a seat and sit like you were asked, then you are using self-control.
3. What about when you are on the playground and hear the bell ring for the end of recess? If you stop playing on the swings and go line up to go to class, you are using self-control.
4. You use self control every day in one way or another.
5. Now it is your turn to think of some ways that you use self control.

Note: Divide older kids into two groups and have them write down their ideas to see which group can come up with the most ideas. Let younger kids tell you their ideas as you write them on the board.



After the activity, say the following:

1. Self-control isn't always easy.
2. It may seem difficult to use self-control in some situations, but remember that it is something you already know how to do.
3. The more you practice self-control, the easier it can be.

Summary: If we want to have self-control when it comes to the hard things, we need to practice self-control in the easy things every day.



STOP, THINK, ACT

SMALL GROUP ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.



Purpose: The purpose of this activity is to give the kids a chance to practice thinking about what God wants them to do before they act.

Description: The children act out different scenarios in which they have the opportunity to practice thinking about what God would want them to do before they act.

Materials Needed: For this activity you will need this help sheet.



To introduce this activity, say the following:

1. We are going to practice stopping to think about what God would want before we act.
2. Some of you are going to act out some situations for us.
3. When I say “Stop,” you will freeze in place.
4. Then I will read a scripture to help us think of what God would want you to do.
5. Then I will say “Act”, and you will act out the rest of the scene.
6. Ready to go?

For detailed instructions on how to do the activity see the DVD.

Note: Use different volunteers for each scenario. After you read each scenario let your volunteers act out what you just read. Encourage them to improvise lines and talk about what is happening.



During the activity, say the following:

1. You and a friend walk into the kitchen and see a plate of cookies on the table. There is a note from your mom saying that you shouldn't eat any until after supper.
2. Stop and think. Here is a scripture to help us: Colossians 3:20 says “Children, always obey your parents, for this pleases the Lord.”

Note: Another option would be to have another volunteer look up the scripture and read it out loud.

3. Act!
4. Good job!
5. Someone at school falls down in the lunch room and spills food all over himself. Other kids start to point and make fun of them.
6. Stop and think! Proverbs 14:21a says “It is a sin to belittle one's neighbor”.
7. Act!
8. Good job!
9. You have been saving money for a new toy, but are still a few dollars short. You see a man in a restaurant accidentally drop a ten dollar bill on the floor as he is leaving. Nobody notices but you.

10. Stop and think. Here is a scripture to help us: Exodus 20:15 says “You must not steal.”
11. Act!
12. Good job!
13. You and your best friend find out that another friend of yours has been spreading lies about you. Your best friend wants to play some mean tricks on her and spread some lies about her to get even.
14. Stop and think. Here is a scripture to help us: Ephesians 4:32 says “Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.”
15. Act!
16. Good job!



After the activity, say the following:

1. What are some things that might happen if you just reacted to these situations without stopping to think about what God would want you to do? (*Get in trouble with parents, lose friends, hurt other people.*)
2. God doesn't want any of those things to happen to us. He wants to help us.
3. That is why we should think of what he wants us to do before we act.
4. How do we know what God wants us to do? (*By reading and memorizing the Bible.*)

Summary: Just like you did in our activity today, the next time you need to exercise self-control, stop and think about what God wants you to do before you act.



BLOCK OUT

SMALL GROUP ACTIVITY

LESSON THREE

Self-control: I Will Think Of What God Wants Me To Do Before I Act.

Use the Jenga Blocks for the Tower in Children's Bin #2.
Use the playpen balls in the Curriculum and Materials Bin



Purpose: The purpose of this activity is to demonstrate to the children how not having self-control can mess up your life.

Description: The children play a game where they throw balls at a tower and try to knock it down.

Materials Needed: For this activity you will need this help sheet, a large wall built out of blocks or boxes and lots of playground balls.



To introduce this activity, say the following:

1. Today we have been talking about self-control.
2. God wants us to use self-control because it will protect us and make our lives better.
3. We are going to do something that will help us understand what that means.
4. I am going to divide you into two groups.
5. This group will try to block the balls and protect the tower.
6. This group will throw balls at the tower to knock it down.

For detailed instructions on how to do the activity see the DVD.

Note: Divide group into two teams. Be ready to help younger kids and those having more difficulty guessing by giving clues if they need it.



During the activity, say the following:

1. Throw until I say stop. Then I am going to read a situation involving self-control.
2. Stop! Listen to this situation.

Note: Divide group into two teams. Be ready to help younger kids and those having more difficulty guessing by giving clues if they need it.

3. Did that show self-control? (*No.*)
4. That's right, we lost self-control. One of the blockers has to sit down.

Note: Repeat with all five situations. If you have more than five blockers to start with then have more than one sit down each time you read a situation. If a part of the tower is knocked down, let the kids try to rebuild it but don't stop the kids from throwing. Keep playing until there is no one left defending the tower.

Situation 1: You know that there is a box of your very favorite mint-flavored chocolate cookies in the freezer. But your mom doesn't want you to eat cookies before supper. You get the box of cookies out and eat the whole box.

Situation 2: Your brother calls you an ugly name. You hit him as hard as you can.

Situation 3: You need to study for a test, but you just got a brand new video game. You stay up all night playing with your game and don't study at all.

Situation 4: You just got your allowance and you see a signed poster of your favorite band in the store. You could buy it right now, but it would take your whole allowance and you wouldn't be able to bring your tithes to church. You buy the poster anyway and put it up in your room.

Situation 5: You know a story about a friend of yours that is embarrassing and funny. Some of the popular kids are telling funny stories about other kids and ask if you know any. You tell them the story about your friend.



After the activity, say the following:

1. In this game, the people who were protecting the tower had to sit down when we lost self-control.
2. That is like our lives.
3. When we have a lot of self-control, it protects us from a lot of problems.
4. But when we lose self-control it is easy for the problems of life to hurt us and mess up our life, just like the balls started to get by and hurt the tower.
5. Self-control is our protection. When we start to lose self-control it brings more and more trouble.

Summary: When we don't have self-control it is like removing part of our protection and our lives will get messed up.



BLAST-OFF HARVEST

LARGE GROUP ACTIVITY

LESSON THREE

Self-Control: I Will Think Of What God Wants Me To Do Before I Act!



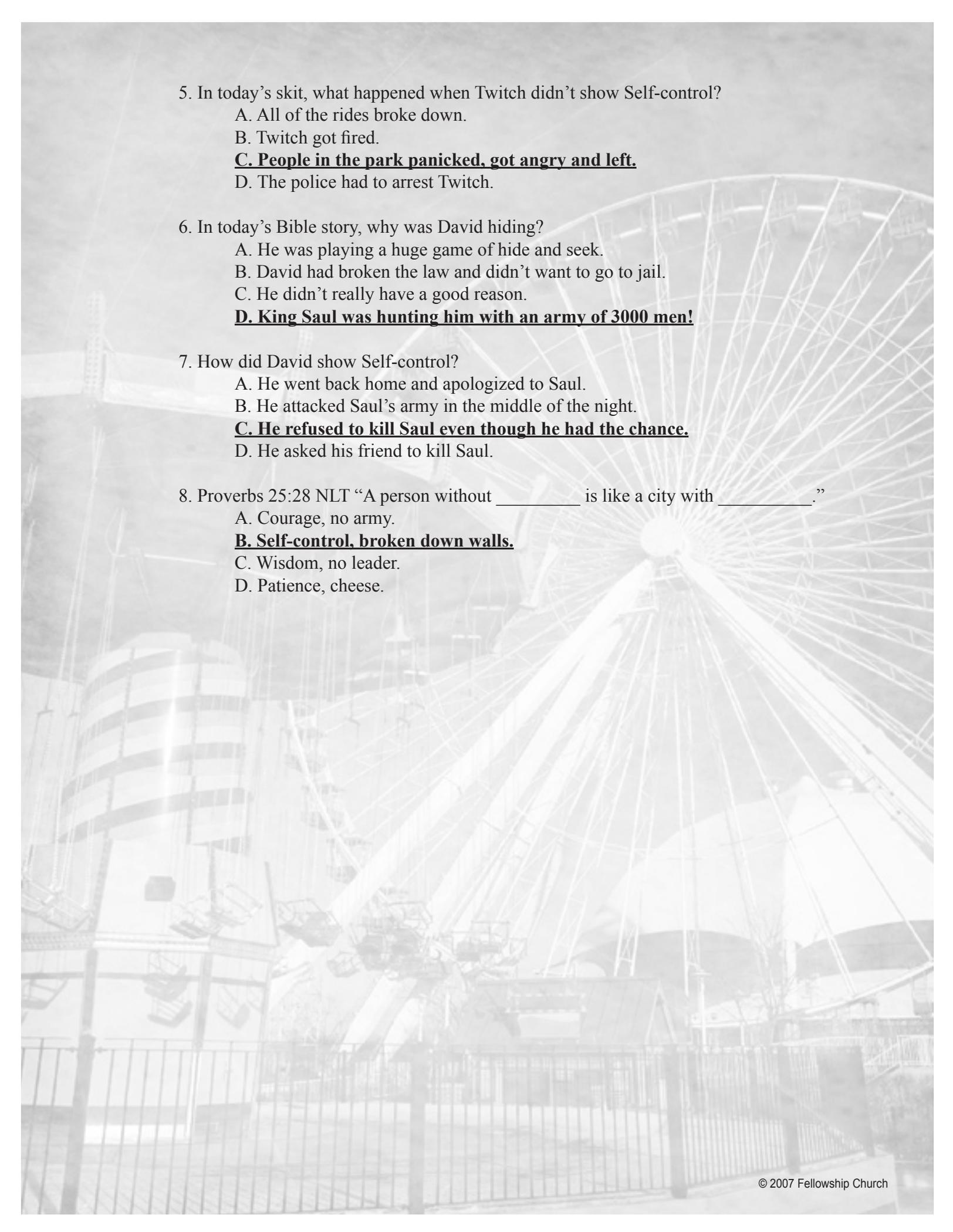
Purpose: This is a strategic time to review and reinforce the content of the lesson.

Materials Needed: DVD chapter “Blast Off Harvest” Lesson 3.



Ask the following questions and then ask for volunteers to answer. If they answer correctly, hit “play” on the DVD.

1. Self-control means thinking of _____.
 - A. What your friend wants before doing something.
 - B. What you want before doing something.
 - C. What God wants before doing something.**
 - D. Your favorite color.
2. Which of these is an example of having Self-control?
 - A. Eating 30 cookies because they taste great.
 - B. Tripping someone at school because it seems funny.
 - C. Promising to help wash the dishes and then doing it.
 - D. Thinking about lying to your parents but then remembering that God wants us to be honest and tell the truth.**
3. You’re taking a test and you don’t know all the answers. You could get some answers by looking at your friend’s test. What should you do?
 - A. Ask your friend before taking the answers.
 - B. Remember that cheating is stealing and God doesn’t want us to steal.**
 - C. Get answers from your friend when the teacher isn’t looking.
 - D. Refuse to take the test.
4. What did Twitch do that was NOT an example of Self-control.
 - A. Twitch ate too much cheesecake.
 - B. Twitch misused the intercom.**
 - C. Twitch didn’t wait an hour before swimming.
 - D. Twitch left work early for no reason.

- 
5. In today's skit, what happened when Twitch didn't show Self-control?
- A. All of the rides broke down.
 - B. Twitch got fired.
 - C. People in the park panicked, got angry and left.**
 - D. The police had to arrest Twitch.
6. In today's Bible story, why was David hiding?
- A. He was playing a huge game of hide and seek.
 - B. David had broken the law and didn't want to go to jail.
 - C. He didn't really have a good reason.
 - D. King Saul was hunting him with an army of 3000 men!**
7. How did David show Self-control?
- A. He went back home and apologized to Saul.
 - B. He attacked Saul's army in the middle of the night.
 - C. He refused to kill Saul even though he had the chance.**
 - D. He asked his friend to kill Saul.
8. Proverbs 25:28 NLT "A person without _____ is like a city with _____."
- A. Courage, no army.
 - B. Self-control, broken down walls.**
 - C. Wisdom, no leader.
 - D. Patience, cheese.