



LESSON TWO

Lesson Goal: The children will learn that we should follow God's instructions in the Bible.

Main Point: To Play On God's Team, I Must Follow His Instructions!

Bible Story: Jesus and the Greatest Commandment. (Matthew 22:34-40)

Memory Verse: *James 1:22*

"But don't just listen to God's word. You must do what it says. Otherwise you are only fooling yourselves." (NLT)

What is the purpose of these activities?

Sports Games (General Opening Activity)

The purpose of this activity is to introduce the Main Point through a sports-themed game time.

Follow the Fold (Specific Opening Activity)

The purpose of this activity is to introduce the children to the idea of learning and then following directions.

The General Opening Activity is an added feature in this Elevate series. You can use multiple opening activities or pick the ones your kids will most enjoy.

Skit and Bible Story (Large Group Activity)

The Skit and Bible Story teach children that in order to have the best life possible, we should follow God's instructions in the Bible.

Take Your Best Shot (Small Group Activity)

The purpose of this activity is to help the children memorize the Bible Verse and help them apply today's lesson.

Trading Cards (Small Group Activity)

The purpose of this activity is to help the children review the Bible Story.

Love Action Calendar (Small Group Activity)

The purpose of this activity is to help the children make plans to show love to God and people during the week.

Love God, Love People (Small Group Activity)

The purpose of this activity is for the kids to learn the Ten Commandments and how they can follow them by loving God and loving others.

Make A Choice (Small Group Activity)

The purpose of this activity is to show the kids how to make choices in life based on God's rules of loving God and loving people.

Super Sports Challenge (Large Group Activity)

This is a strategic time to review and reinforce the content of the lesson.

SUPER SPORTS SPECTACULAR

LESSON 2: TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!

Single Teacher version - "Watch & Train" DVD

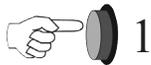


Purpose Statement: This Skit and Bible Story teach children that in order to have the best life possible we should follow God's instructions in the Bible.

Materials/Props Needed: Lesson 2 DVD materials.

- Lead the children through the opening activity "Sports Games" and/or "Follow the Fold".

- Begin Worship Time.



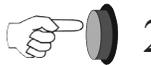
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1



TEACHER
(CD Track # 1) Welcome back for another week of Super Sports Spectacular! I need everybody cheering really loud at the games today so let's get warmed up with a song! Everybody up!



2

Teacher leads the children in singing the song.



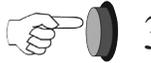
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TEACHER
(CD Track # 1) Great job! *(pulls out paper airplane)* Before we started the service I had a lot of fun making this paper airplane. I bought a paper airplane book and I followed the instructions. Check it out! It's one of the best ones I've ever made. It flies pretty well too. *(tosses paper airplane)* But I just had an idea. What would happen if I tried to make it again, but I didn't follow the instructions? Who thinks it will turn out okay? *(allow the children to respond)* Who thinks it will turn out badly? *(allow the children to respond)* Okay, here goes.

For the next few minutes the Teacher will try to remake the paper airplane without the instructions. The end result should be a crumpled mass of paper that doesn't look like the airplane at all. The process should be repeated several times.

TEACHER

Wow, none of these turned out very well at all. The only one that looks like it is supposed to look is the one where I followed the instructions. So that means that not following the instructions equals disaster. And following the instructions equals cool airplane. If you don't follow instructions you won't end up with what's best. And that goes for more than just paper airplanes. That goes for everything in life. Just like not following the airplane making instructions kept me from having a good paper airplane, not following God's instructions can keep a person from having the best life. God gave us instructions for life in His word, the Bible. And that's what our Main Point talks about today. Check it out: **To Play On God's Team, I Must Follow His Instructions!** I want us to remember this one, so everybody shout this with me.



3

Teacher leads the children by first demonstrating the Main Point

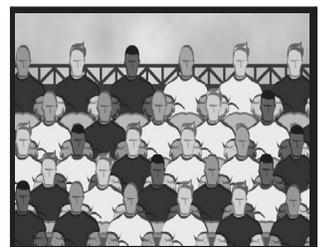
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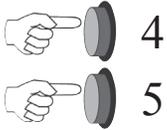


SUPER SPORTS SPECTACULAR

with motions. Then have the children repeat the Main Point two or three times.

TEACHER

Great job! I wonder if Rookie and Coach know about following instructions. Let's see if they're ready for the big football game today.



4

Note: Play "Super Sports Video" followed by "Dodgeball Challenge Video."

4

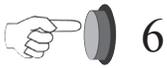


5



TEACHER

Rookie had a horrible time out there on the field because he didn't follow the playbook. I'm glad he heard that story about Jesus and how He taught us the most important instructions and why we should follow them. Remember that Jesus taught us that we should love God and love others. But knowing those instructions is just the first part. We need to put what we've learned into practice.



6

That's what our Bible verse for today tells us about. Check it out:

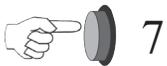
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James 1:22 "But don't just listen to God's word. You must do what it says. Otherwise you are only fooling yourselves." (NLT)

TEACHER

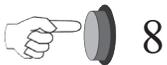
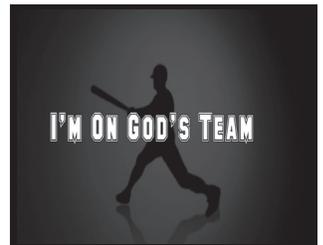
We know that we're supposed to love God and love others, but we need to put that into practice. If we follow God's directions, then life will go a lot better for us. But if we don't follow God's instructions, then life can be a lot harder. We might get into trouble or make others mad and that doesn't sound like the best way to live life. I think we should take a few moments to follow God's commandment to love Him. Let's worship God right now with a song. Everybody please stand and sing with us.



7

Teacher leads the children in singing the song and then begins the offering time.

7



8

OFFERING

8



6

TEACHER

(CD Track # 6) Thank you for singing with us. We're going to continue worshipping God with our offering. This is a time when we give back to God part of what He has given to us. I'll lead us in prayer and then it will be your time to come up and give. Let's pray.

Lead the children in prayer. If you want to, include elements of the lesson you are teaching today. For instance, today we are talking about learning and following God's directions. So you might say, "God, thank You for giving us directions on how to have the best life. Please help us to follow those directions by loving You and loving others." Take up the offering.

SUPER SPORTS SPECTACULAR



TEACHER
(CD Track # 1) Thank you, everyone. And now you're all going to learn a few ways that you can apply today's lesson to your life. It's time for Small Groups!

9



SMALL GROUPS



Teacher greets the kids as they come back from their Small Groups.

10



TEACHER
Welcome back. It's time for our review game, "Super Sports Challenge!"

Note: Lead the children through the questions. Hit "play" when a child has given you the right answer.

11

CLOSING



TEACHER
(CD Track # 1) Thanks for coming. It was great to see all of you here. Don't forget our Main Point for today: **To Play On God's Team, I Must Follow His Instructions!** See you next time.





FOLLOW THE FOLD

SPECIFIC OPENING ACTIVITY

LESSON TWO

TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!



Purpose: The purpose of this activity is to introduce the children to the idea of learning, and then following, directions.

Description: The children will be given two pieces of paper. One piece will have instructions of how to make a paper airplane. The other piece will have lines on it to help them make the folds in the right places.

Materials needed: For this activity you will need this help sheet, the "Elevate Glider And Instructions Lesson 2" from your Lesson Materials CD Rom, scissors, tape for a line on the ground, and a hula hoop or something else to serve as a target.



To introduce the activity say:

1. How many people have made a paper airplane before?
2. Me too. We are going to make paper airplanes today and see if you can hit the target with them.
3. You can't make your own design for a plane, you have to follow the instructions I give you.

For detailed instructions on how to do the activity see the DVD.

Note: Pass out the paper and help the kids follow the instructions carefully. Set up the target and a line for the kids to throw from.



During the activity say the following:

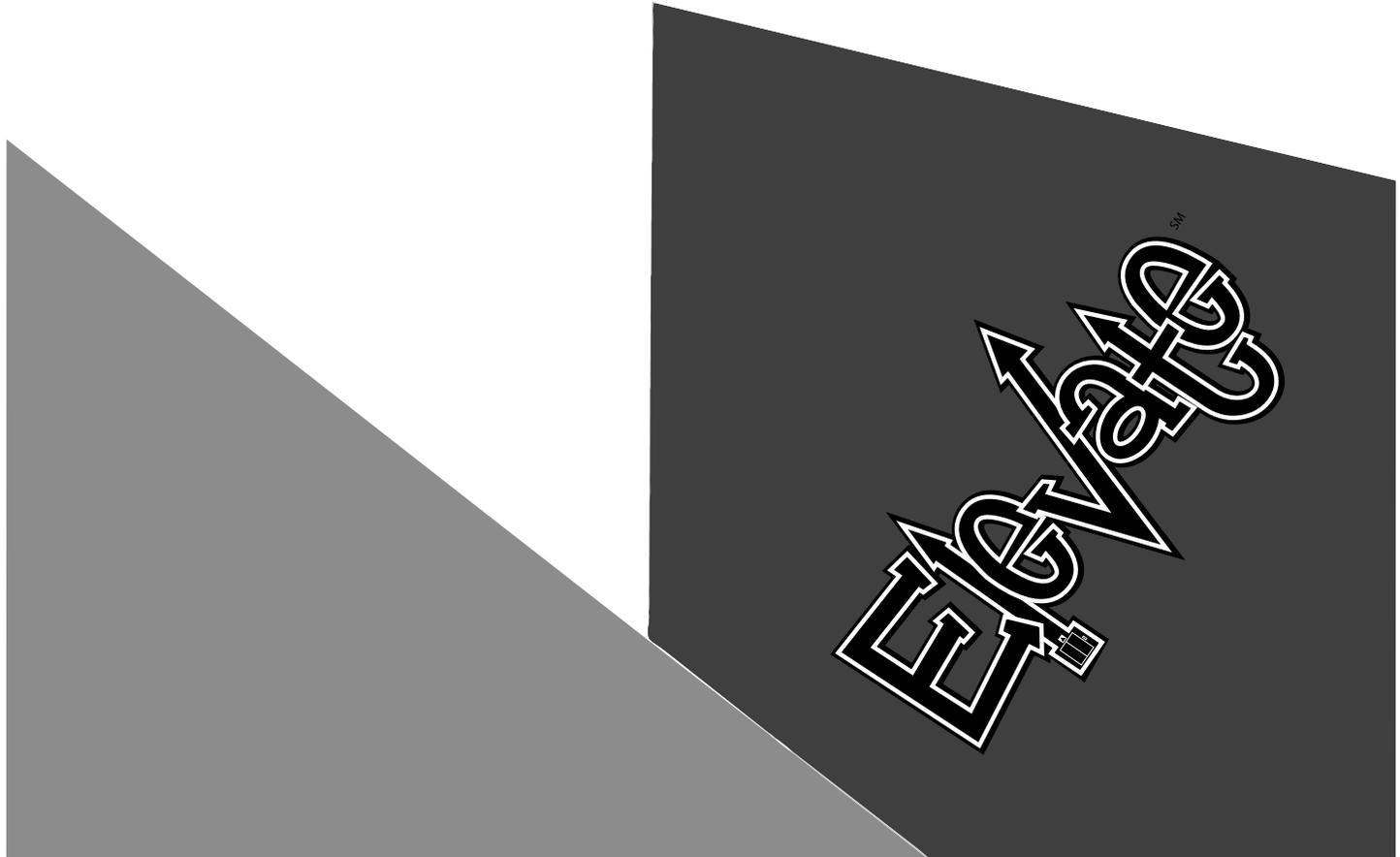
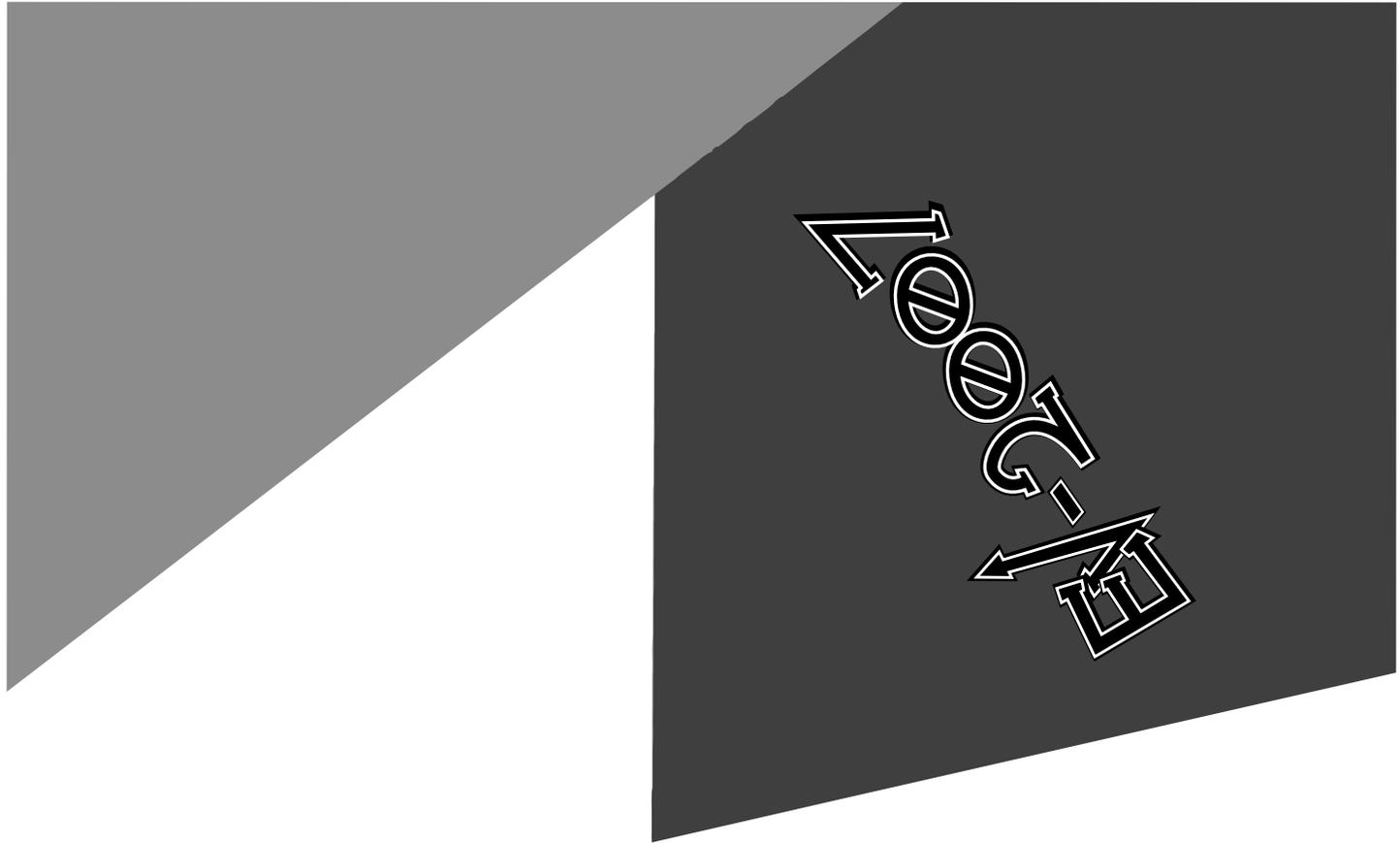
1. If you don't understand the instructions or need help, then let me know and I will help you.
2. When you are finished come over here and see if you can get your plane to hit the target.



After the activity say:

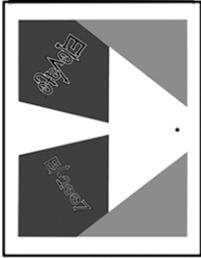
1. The paper I gave you had special designs on it that would only look right if you followed my instructions.
2. What would happen if you didn't follow the instructions and fold the plane correctly? (*It wouldn't look right, it wouldn't fly, it would crash, it wouldn't work.*)

Summary: If you didn't follow the directions, your plane didn't turn out right. If you don't follow God's directions, your life won't turn out right.

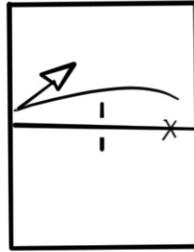


ELEVATE GLIDER INSTRUCTIONS

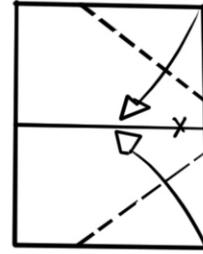
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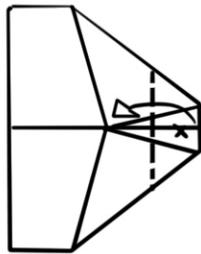
Cut white edges off of paper. With pattern side down fold in half, then unfold



Make a small crease to mark the middle of the paper



Fold the upper and lower right hand corners towards the middle crease from the previous step



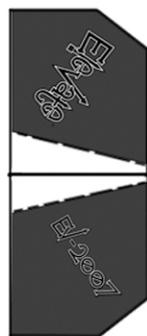
Fold the nose into the center



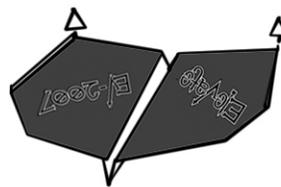
Again, fold the nose into the center



And again



Turn over and fold along the dashed lines to make the wings.



Make the tips of the wings curl upward



TAKE YOUR BEST SHOT

SMALL GROUP ACTIVITY

LESSON TWO

TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!



Purpose: The purpose of this activity is to help the children memorize the Bible Verse and help them apply today's lesson.

Description: The children will repeat the Bible Verse, reading it off of cards that are turned over one at a time until they can say the whole verse without them. Then they will have an opportunity to take a shot based on the sport in that week's lesson. The sport for Lesson 2 is football.

Materials needed: For this activity you will need this help sheet, the "Bible Memory Verse Cards Lesson 2" from the Lesson Materials CD Rom and the supplies for the shot of the week. For football you will need a foam football and a field goal set up. (*Tape between two chairs or music stands would work.*)



To introduce the activity say:

1. Today we are going to have a field goal contest, but before you can take a shot at the goal you will have to say the Bible Verse from memory.
2. We are going to read the Bible Verse off of these cards.
3. Then I will turn over one of the cards and we will read it again.
4. I'll keep doing that until the cards are all turned over.
5. Then if you can say it without making a mistake, you can take a shot at the goal. If you make it, you score a point.
6. When you score a point you turn back over one piece of the verse until the whole verse is turned over.

For detailed instructions on how to do the activity see the DVD.



During the activity say the following:

1. Let's read the verse.

Note: Read the verse with the kids. Then turn over one piece of the verse and have the kids repeat it again. The verse for this week is James 1:22 "But don't just listen to God's word. You must do what it says. Otherwise you are only fooling yourselves." Continue until the entire verse is turned over.

2. Good job. Now each of you will get a chance to take your best shot at the goal.

Note: Let each child attempt to say the verse and if they are successful allow them to take a shot at the goal.

3. Good job.



After the activity say:

1. It is important to memorize scripture because it is God's word.
2. Remembering this verse will remind you of the way that God wants you to live.

Summary: We need to know God's word so that we can follow His instructions.

“But

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James

1:22



LOVE GOD LOVE PEOPLE

SMALL GROUP ACTIVITY

LESSON TWO

TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!



Purpose: The purpose of this activity is for the kids to learn the Ten Commandments and how they can follow them by loving God and loving others.

Description: The children will sort the Ten Commandments into two categories, commandments about loving God and commandments about loving people. They will take a bookmark home to remind them to love God and love people.

Materials needed: For this activity you will need this help sheet, the "Ten Commandment Cards Lesson 2" and the "Ten Commandment Bookmarks Lesson 2" from the Lesson Materials CD Rom for each child, a large piece of poster board or foam board marked "Love God" on one side and "Love People" on the other side. You will also need some way to attach the cards to the board.



To introduce the activity say:

1. God has always given instructions to people who choose to follow Him.
2. In the Old Testament, God gave the Ten Commandments to Moses.
3. I have those commandments listed on these cards, and I have two categories listed on the board.
4. I want you to choose a commandment. Then put it on this side of the board if you think it has to do with loving God, or put it on the other side of the board if you think it has to do with loving people.

For detailed instructions on how to do the activity see the DVD.

Note: Once the kids have all the commandments on the board, tell them if they have them in the correct area. Discuss why each one fits in the category it belongs in.

Loving God: *You must not have any other gods but me, You must not make for yourself an idol, You must not misuse the name of the Lord your God, Remember to observe the Sabbath day by keeping it holy.*

Loving People: *Honor Your Father And Mother, You must not murder, You must not commit adultery, You must not steal, You must not testify falsely against your neighbor, You must not covet.*



During the activity say the following:

1. You must not any other gods my me. Don't worship anything or anyone other than God.
2. You must not make for yourself an idol. Don't make anything equal to or more important than God.
3. You must not misuse the name of the Lord your God. Don't use God's name unless you mean it.
4. Remember to observe the Sabbath day by keeping it holy. One day a week is set aside to come to church and worship God.

5. Honor your father and mother. Respect and obey your parents.
6. You must not murder. Do not kill anyone.
7. You must not commit adultery. Do not betray your friends.
8. You must not steal. Do not take anything that does not belong to you.
9. You must not testify falsely against your neighbor. Never say anything that is not the truth.
10. You must not covet. Do not be jealous of others. Be content with what you have.

Note: Pass out the bookmarks and continue.



After the activity say:

1. The Pharisees in Jesus' day were very serious about keeping all the commandments.
2. In fact they had more than just ten, they had thousands!
3. Many times a teacher would be asked which of the commandments was the most important.
4. When Jesus was asked that question he said this in Matthew 22:37-40:

“ ‘You must love the Lord your God with all your heart, all your soul, and all your mind.’ This is the first and greatest commandment. A second is equally important: ‘Love your neighbor as yourself.’ The entire law and all the demands of the prophets are based on these two commandments.”

5. Jesus summed up all of the law into two simple areas: love God and love people.
6. Use this bookmark to remind you of God's instructions.

Summary: You guys did a great job. Remember all of God's laws can be summed up in the two commands Jesus gave us: love God and love people. Find ways to love God and love people this week.

LOVE LOVE
GOD PEOPLE

1. You must not have any other god but me.

2. You must not make for yourself an idol.

3. You must not misuse the name of the Lord your God.

4. Remember to observe the Sabbath day by keeping it holy.

5. Honor your father and mother.

6. You must not murder.

7. You must not commit adultery.

8. You must not steal.

9. You must not testify falsely against your neighbor.

10. You must not covet.

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MAKE A CHOICE

SMALL GROUP ACTIVITY

LESSON TWO

TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!



Purpose: The purpose of this activity is to show the kids how to make choices in life based on God's rules of loving God and loving people.

Description: The children will listen to situations read by the teacher. They will decide if the situation demonstrates loving God, loving people, not loving God, or not loving people, and they will run to the appropriately labeled area of the room.

Materials needed: For this activity you will need this help sheet, the "Make A Choice Labels Lesson 2" from the Lesson Materials CD Rom.

To introduce the activity say:



1. Following God's instructions means loving God and loving people.
2. I have divided the room into four areas: loving God, not loving God, loving people, and not loving people.
3. When I read each situation I want you to run to the area that you think it shows.

For detailed instructions on how to do the activity see the DVD.

Note: As an option you could instruct the kids to move in different ways. For example: in slow motion, crabwalk, or like an animal. Discuss why each situation belongs to each category.

Do Not Read These In Order: Mix up the situations so that the kids always are moving around the room.

During the activity say the following:



For Loving God say:

1. A friend invites me to spend the night at his house on the night before church. Instead I invite him to spend the night at my house and invite him to church.
2. I pray before my lunch and when someone asks me why I tell them I want to thank God for what He's given me.
3. I have a soccer tournament on Sunday. I choose to go to church instead of playing.

For Not Loving God say:

1. I have ten minutes before I have to go to bed. I can read my Bible and pray or I can play my video games. I choose to play video games.
2. I set aside my tithe from my allowance at the beginning of the week. Friday at school I really want a snack. I choose to buy candy with my tithe money.
3. It's time to sing a worship song at church but I don't sing because I don't feel

like participating.

For Loving People say:

1. My mom tells me to take out the trash before I play outside. I stop what I'm doing and take out the trash.
2. My little sister wants me to play with her. I choose to play with her instead of texting my best friend.
3. At lunch at school I get the last chocolate chip cookie. My friend is sad because he wanted it. I share my cookie with my friend.

For Not Loving People say:

1. On my way out the door with my friends to play, I see my neighbor struggling to get groceries out of her car. I don't stop and help her, I continue on to play.
2. I see my little brother needs help with his homework. I could help him out or I could make fun of him. I choose to make fun of him and I run out laughing.
3. A kid at school drops his lunch tray in front of me. Instead of helping him pick it up I step on his sandwich as I walk to my seat.



After the activity say:

1. The best way to make sure we are following God's instructions is to see if our actions are showing love to God and love to people.
2. If you are about to do something that does not show love to God or to people, then you shouldn't do it.

Summary: When we face situations in real life, we should make decisions based on God's rules: to love God and love people.



**MAKE A CHOICE
LESSON 2**

LOVING GOD



MAKE A CHOICE
LESSON 2

NOT LOVING

GOD



MAKE A CHOICE
LESSON 2

LOVING

PEOPLE



MAKE A CHOICE
LESSON 2

NOT LOVING
PEOPLE



SUPER SPORTS CHALLENGE

LARGE GROUP ACTIVITY

LESSON TWO

TO PLAY ON GOD'S TEAM, I MUST FOLLOW HIS INSTRUCTIONS!



The purpose of this activity: This is a strategic time to review and reinforce the content of the lesson.

Materials needed: DVD chapter "Super Sports Challenge" Lesson 2.



Ask the following questions and then ask for volunteers to answer. If they answer correctly, hit "play" on the DVD.

1. Why is it important to follow instructions?
 - A. Following instructions is always easier.
 - B. People will like us more if we follow instructions.
 - C. Following instructions will give you the best results.**
 - D. It isn't important to follow instructions.
2. When should we follow instructions?
 - A. All the time.**
 - B. Just when we're at home.
 - C. Sometimes at school.
 - D. Never.
3. Where can we find the best instructions for life?
 - A. TV.
 - B. The Bible.**
 - C. Our friends.
 - D. The internet.
4. What was the one play Rookie wanted to follow during the first part of the game?
 - A. "Go long, I'll pass it to you."
 - B. "Don't throw the ball to me."
 - C. "Get the ball to me."**
 - D. "I'll just sit on the sidelines."
5. True or false? During the first half of the game, whenever Rookie got the ball the All-stars scored a touchdown.
 - A. True.
 - B. False.**

6. In today's Bible story, what was the question that the Pharisee asked Jesus?

- A. Are you the Messiah we've been expecting?
- B. What must I do to inherit eternal life?
- C. Is it right to pay taxes to Caesar or not?

D. Which is the most important commandment in the law of Moses?

7. What did Jesus say were the two most important commandments?

A. Love God, love others.

- B. Obey your parents, don't lie.
- C. Don't steal, don't work on the Sabbath.
- D. Don't eat too many sweets, brush your teeth.

8. Fill in the blanks from today's Bible verse, James 1:22a "But don't just _____ God's word. You must do what it says. Otherwise you are only fooling _____."

- A. Read, your parents.
- B. Teach, your pets.

C. Listen to, yourselves.

D. Forget about, your friends.