



LESSON FIVE

Lesson Goal: The children will learn that we should be humble and serve those around us.

Main Point: To Play On God's Team, I Have To Serve And Help Those Around Me!

Bible Story: Jesus washes the disciples' feet (John 13:1-17)

Memory Verse: *1 Peter 5:5b*

"...And all of you, serve each other in humility, for 'God opposes the proud, but favors the humble.'"
(NLT)

What is the purpose of these activities?

Sports Games (General Opening Activity)

The purpose of this activity is to introduce the Main Point through a sports-themed game time.

You Got Served (Specific Opening Activity)

The purpose of this activity is to introduce the kids to the idea of serving others.

The General Opening Activity is an added feature in this Elevate series. You can use multiple opening activities or pick the ones your kids will most enjoy.

Skit and Bible Story (Large Group Activity)

The Skit and Bible Story teach children that we should be humble and serve others.

Take Your Best Shot (Small Group Activity)

The purpose of this activity is to help the children memorize the Bible Verse and help them apply today's lesson.

Trading Cards (Small Group Activity)

The purpose of this activity is to help the children review the Bible Story.

First Last/Last First (Small Group Activity)

The purpose of this activity is to teach the children that being a leader means serving others.

If The Shoe Fits, Serve! (Small Group Activity)

The purpose of this activity is for kids to practice serving each other.

Let Me Serve You (Small Group Activity)

The purpose of this activity is for the children to practice serving each other and plan ways to serve others at home.

Super Sports Challenge (Large Group Activity)

This is a strategic time to review and reinforce the content of the lesson.

SUPER SPORTS SPECTACULAR

LESSON 5: TO PLAY ON GOD’S TEAM, I HAVE TO SERVE AND HELP THOSE AROUND ME!

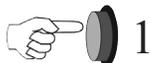
Single Teacher version - “Watch & Train” DVD



Purpose Statement: This Skit and Bible Story teach children that we should be humble and serve others.

Materials/Props Needed: Lesson 5 DVD materials.

- Lead the children through the opening activity “Sports Games” and/or “You Got Served”.

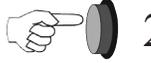


1 • Begin Worship Time.



TEACHER

(CD Track # 1) Hello everyone. I don’t know about you but I am ready to get started! Everyone up, it’s time to sing!



2 *Teacher leads the children in singing the song.*

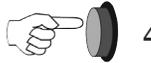


TEACHER

(CD Track # 1) Great job singing! This has been a great week for me. I’ve been trying to do whatever I can to serve the people around me. All this week, I’ve been helping my family around the house and giving my friends a hand with projects. I really like to serve others and that’s good because serving others is very important. God *wants* us to take time to serve others. It isn’t always easy and it means that we have to think about someone besides ourselves, but it’s very important. In fact, I think we should do some kind of a Main Point here so we’ll all remember how important serving is. How about this: **To Play On God’s Team, I Have To Serve And Help Those Around Me!** Yeah, that sounds like a great Main Point. Come on everyone, stand up and help me shout this!

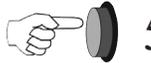


Teacher leads the children by first demonstrating the Main Point with motions. Then have the children repeat the Main Point two or three times.



TEACHER

(to children) Great shouting, great motions, great job! Yes, God wants us to serve others, but that’s not the only reason that I serve others. I do it because I enjoy it. (looks at watch) We’ll have to talk more about this later. It’s almost time for the next game. And this week, it’s one of my favorites: baseball! Let’s see what happens with Rookie and Coach.



Note: Play “Super Sports Video” followed by “Dodgeball Challenge Video.”

TEACHER

Rookie looked exhausted after all that serving and helping. That looked hard...but I can understand how it would feel good to know

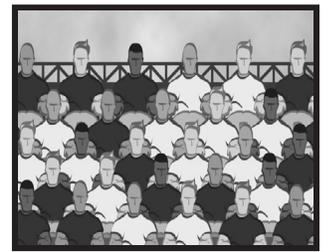
1



2



3



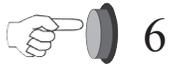
4



5



SUPER SPORTS SPECTACULAR

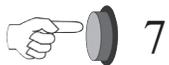


6

that the team won because of the service you did. It's always a good feeling to know that you helped someone. But I also enjoy helping and serving others because I know that's what God wants me to do. I have a Bible verse that I use to remind me of that. Check it out:

1 Peter 5:5b “...And all of you, serve each other in humility, for ‘God sets himself against the proud, but he shows favor to the humble.’” (NLT)

6

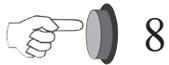


7

Jesus gave His disciples a great example of the attitude they should have about serving. But that example was for us too. God wants us to help each other by serving. I want to take some time to thank God for sending us Jesus and to thank Him for the example Jesus gave us. Let's all stand and worship God with this song.

Teacher leads the children in singing the song and then begins the offering time.

7



8

OFFERING

8



6

(CD Track # 6) Thank you for singing with us. We're going to continue worshipping God with our offering. This is a time when we give back to God part of what He has given to us. I'll lead us in prayer and then it will be your time to come up and give. Let's pray.

Lead the children in prayer. If you want to, include elements of the lesson you are teaching today. For instance, today we are talking about serving. So you might say, “God, we know that You want us to serve each other. Please give us opportunities to help the people around us and give us the courage to serve.” Take up the offering.

9



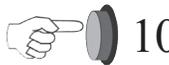
1



9

(CD Track # 1) Thank you, everyone. And now you're all going to learn a few ways that you can apply today's lesson to your life. It's time for Small Groups!

10



10

SMALL GROUPS

Teacher greets the children as they come back from their Small Groups.

11



11

TEACHER
Welcome back. It's time for our review game, “Super Sports Challenge!”

Note: Lead the children through the questions. Hit “play” when a child has given you the right answer.

SUPER SPORTS SPECTACULAR

CLOSING



TEACHER

(CD Track # 1) Thanks for coming. It was great to see all of you here. Don't forget our Main Point for today: **To Play On God's Team, I Have To Serve And Help Those Around Me!** See you next time.



YOU GOT SERVED

SPECIFIC OPENING ACTIVITY

LESSON FIVE

TO PLAY ON GOD'S TEAM, I HAVE TO SERVE AND HELP THOSE AROUND ME!



Purpose: The purpose of this activity is to introduce the kids to the idea of serving others.

Description: The children will be divided into teams. Each team will race around a course to serve the other team by bringing them a bottle of water.

Materials needed: For this activity you will need this help sheet, four cones and a tray and bottle of water for each team.

Note: Set up cones in a square with the trays and water at opposite corners.



To introduce the activity say:

1. I want to divide you into teams and see which team can serve the other a bottle of water.
2. One team will start at this corner and the other team will start at the opposite corner.
3. One member of each team will run clockwise around the cones trying to catch the other team member. Both members will carry a tray and bottle of water.
4. When they go around once they pass the tray and water to the next member of their team who continues around the square.
5. When you tag a member of the other team you get to serve them the water and say, "You got served."
6. Let's play.

For detailed instructions on how to do the activity see the DVD.

Note: Each time one team "serves" the other team, they get a point. Keep track of the points carefully.



During the activity say the following:

1. Don't spill the water!
2. Good job!



After the activity say:

1. Sometimes it is not easy to serve others.
2. Many times it takes a lot of work on our part.

Summary: It was hard work to serve others in the game. In the same way it can be hard work to serve others in life. That is what we are learning about today.



TAKE YOUR BEST SHOT

SMALL GROUP ACTIVITY

LESSON FIVE

TO PLAY ON GOD'S TEAM, I NEED TO SERVE AND HELP THOSE AROUND ME!



Purpose: The purpose of this activity is to help the children memorize the Bible Verse and help them apply today's lesson.

Description: The children will repeat the Bible Verse reading it off of cards that are turned over one at a time until they can say the whole verse without them. Then they will have an opportunity to take a shot based on the sport in that week's lesson. The sport for Lesson 5 is baseball.

Materials needed: For this activity you will need this help sheet, the "Bible Memory Verse Cards Lesson 5" from the Lesson Materials CD Rom, and the supplies for the shot of the week. For baseball you will need a soft ball, and a target to throw at.



To introduce the activity say:

1. Today we are going to have a baseball target contest, but before you can take a shot you will have to say the Bible Verse from memory.
2. We are going to read the Bible Verse off of these cards.
3. Then I will turn over one of the cards and we will read it again.
4. I'll keep doing that until the cards are all turned over.
5. Then if you can say it without making a mistake, you can take a shot.
6. When you score a point you turn back over one piece of the verse until the whole verse is turned over.

For detailed instructions on how to do the activity see the DVD.



During the activity say the following:

1. Let's read the verse.

Note: Read the verse with the kids. Then turn over one piece of the verse and have the kids repeat it again. The verse for this week is 1 Peter 5:5b "... And all of you, serve each other in humility, for 'God opposes the proud but favors the humble.'" Continue until the entire verse is turned over.

2. Good job. Now each of you will get a chance to take your best shot.

Note: Let each child attempt to say the verse and if they are successful allow them to take a shot at the goal.

3. Good job.



After the activity say:

1. It is important to memorize scripture because it is God's word.
2. Remembering this verse will remind you of the way that God wants you to live.

Summary: Jesus told His disciples to serve and help others. Today Jesus asks us, his followers, to do the same thing.

“...And

all

of

you,

serve

each

other

in

humility,

for

‘God

opposes

the

proud

but

favors

the

humble'.”

1 Peter 5:5b



FIRST LAST/LAST FIRST

SMALL GROUP ACTIVITY

LESSON FIVE

TO PLAY ON GOD'S TEAM, I HAVE TO SERVE AND HELP THOSE AROUND ME!



Purpose: The purpose of this activity is to teach the children that being a leader means serving others.

Description: The children will be led through an obstacle course by a leader who must serve the team by helping them get past each obstacle.

Materials needed: For this activity you will need this help sheet and materials for the obstacle course. For the mountain: Two chairs back to back. For the tunnel: a flashlight and two chairs with a heavy blanket over them. For the river: a water pistol, a piece of rope tied to one chair and another chair far enough away that the rope will still reach it.



To introduce the activity say:

1. Jesus gave us an example of leadership to follow.
2. Jesus was the leader of the disciples, but instead of making the disciples serve Him, Jesus served the disciples.
3. I want someone to volunteer to be our leader.
4. You are going to lead us on a journey and help us get past any obstacles that might come in our way.

For detailed instructions on how to do the activity see the DVD.

Note: You will go ahead to each obstacle and tell the leader to lead the group to where you are. When they get to the obstacle explain how to get across and how the leader will serve the others by helping them and then go to the back of the line.



During the activity say the following:

1. Here we have a mountain. Everyone has to climb over it to the other side. Leader, serve everyone by staying behind and helping everyone get over.

Note: Choose a new leader. Go to the next obstacle and have the leader lead the group to you.

2. This time we have to go through a tunnel. Leader, serve everyone by holding this flashlight so that they can see while they go through the tunnel.

Note: Choose a new leader. Go to the next obstacle and have the leader lead the group to you.

3. Now we have a river to cross. Leader, serve everyone by “swimming” across the floor to the other side and tie the rope so that the others can follow without getting wet.

Note: Shoot the water pistol at the leader while he/she is “swimming.” Once everyone has crossed the river, have them sit down and continue.



After the activity say:

1. If someone was not being a leader like Jesus, they might have made you carry him/her over the mountain, or made you swim the river so he/she could walk across.
2. But being a leader like Jesus doesn't mean bossing people around, or getting them to do things that you don't want to do.
3. Being a leader like Jesus means looking out for others and doing things for them.

Summary: Being a leader is not about being in charge. Being a leader is about serving those who are following you.



IF THE SHOE FITS, SERVE!

SMALL GROUP ACTIVITY

LESSON FIVE

TO PLAY ON GOD'S TEAM, I HAVE TO SERVE AND HELP THOSE AROUND ME!



Purpose: The purpose of this activity is for kids to practice serving each other.

Description: The children will take off their shoes and toss them into a sheet. Then they will bounce the sheet around to mix up the shoes. Then they will take two non-matching shoes, find their owners and put their shoes on for them.

Materials needed: For this activity you will need this help sheet, a bed sheet, and some hand sanitizer.



To introduce the activity say:

1. Today we are learning about serving those around us.
2. When Jesus taught his disciples about service He washed their feet to give them an example.
3. We are going to do something a little different.

For detailed instructions on how to do the activity see the DVD.



During the activity say the following:

1. I want everyone to take off their shoes and toss them into this sheet.
2. Now let's all grab the edge of the sheet and bounce the shoes around and mix them up.
3. Now everyone grab two shoes that are not yours and don't match each other.
4. Find the owners of the shoes that you have and put their shoe on for them.
5. When you put someone's shoe on for them, say "Let me serve you."
6. When someone puts your shoe on for you, say "Thank you for serving me."

Note: When all the kids have their shoes back on, continue.

7. Now everyone use some of this hand sanitizer to wash your hands.



After the activity say:

1. Sometimes serving others is a messy, hard, or dirty job.
2. It is not always easy and you might be embarrassed, but remember what Jesus did for His disciples.
3. In Jesus' day washing feet was the lowest, dirtiest, job that the lowest slave would have to do.
4. Even though Jesus was the leader, He took the lowest, dirtiest job Himself.
5. Jesus expects people who follow Him to serve others just like He did.
6. What are some ways that we can serve others? (*Chores around the house, walk the dog, help others at school.*)

Summary: Serving others can often be confusing and challenging, or dirty and embarrassing, but in the end it is worth it. We are never more like Jesus than when we are serving others.





SUPER SPORTS CHALLENGE

LARGE GROUP ACTIVITY

LESSON FIVE

TO PLAY ON GOD'S TEAM, I HAVE TO SERVE AND HELP THOSE AROUND ME!



The purpose of this activity: This is a strategic time to review and reinforce the content of the lesson.

Materials needed: DVD chapter "Super Sports Challenge" Lesson 5.



Ask the following questions and then ask for volunteers to answer. If they answer correctly, hit "play" on the DVD.

1. Why is it important to help and serve others?
 - A. Because it's always very easy.
 - B. Because it shows people that we're dedicated.
 - C. Because God wants us to serve others.**
 - D. Because hard work builds character.
2. How can you serve others at home?
 - A. Eat dinner with your family.
 - B. Play video games with your little brother.
 - C. Finish all of your homework early.
 - D. Do the dishes and take out the trash.**
3. Which of these is NOT an example of serving others at school?
 - A. Helping the teacher pass out supplies.
 - B. Eating lunch by yourself.**
 - C. Cleaning up around the classroom.
 - D. Carrying someone's books for them.
4. In the Skit, Rookie wasn't very good at baseball. What job did Coach give to Rookie?
 - A. Water Boy.
 - B. Water Carrier.**
 - C. Water Drinker.
 - D. Water Watcher.
5. Even though it was hard work, Rookie carried water back and forth for the team. Because Rookie served, what happened?
 - A. Rookie got dehydrated.
 - B. Rookie felt horrible and quit the team.
 - C. The All-stars were able to win the game.**
 - D. The All-stars lost the game.

6. In today's Bible story, what did Jesus do to serve the disciples?

- A. He washed their hands.
- B. He washed their faces.
- C. He washed their cars.
- D. He washed their feet.**

7. What did Jesus tell the disciples after He had washed their feet?

- A. This is my body which is broken for you.
- B. I have given you an example to follow. Do as I have done to you.**
- C. Do to others as you would like for them to do to you.
- D. Who do you say that I am?

8. Fill in the blanks from today's Bible verse, 1 Peter 5:5b. "...And all of you, serve each other in humility, for 'God sets himself against the _____, but he shows favor to the _____.'"

- A. Mean, nice.
- B. Proud, humble.**
- C. Braggers, servants.
- D. Sinners, holy.