



LESSON 8

Lesson Goal: The children will learn that we should do what God wants us to do, even when it is hard, and trust that God will work things out for what is best.

Main Point: Disciples of Jesus Trust that God has Our Best in Mind!

Bible Story: Jesus provides a miraculous catch of fish (Luke 5:1 – 11).

Memory Verse: *“Trust in the Lord with all your heart; do not depend on your own understanding.”*
Proverbs 3:5 (NLT)

WHAT IS THE PURPOSE OF THESE ACTIVITIES?

Get To The Ski Lodge Board Game (Opening Activity)

The purpose of this activity is to introduce children to the idea that God can do good things in our lives, even when things seem bad.

Skit and Bible Story (Large Group Activity)

This skit teaches children that we should do what God wants us to do, even when it is hard, and trust that God will work things out for what is best.

Bible Verse Jumble (Small Group Activity)

This activity will get children into their Bibles as they review a verse from the Bible story.

Connect the Dots (Small Group Activity)

This activity is a visual way for the children to review the Bible story.

God Is In Control (Small Group Activity)

Through this activity, the children will learn that God has our best in mind, even when bad things are happening.

The Big Picture (Small Group Activity)

This activity will show the children that what they see in their life is only a small part of the big picture that God sees. Therefore, we should trust God.

Yes, No, or Wait (Small Group Activity)

This activity will show the children that God answers us in one of three ways – yes, no, or wait.

Help Team Extreme (Large Group Activity)

This activity is a strategic time to review and reinforce the content of the lesson.

WINTER EXTREME

LESSON 8: DISCIPLES OF JESUS TRUST THAT GOD HAS OUR BEST IN MIND!

Single Teacher version - "Watch & Train" DVD

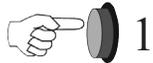


Purpose Statement: This skit teaches children that we should do what God wants us to do, even when it is hard, and trust that God will work things out for what is best.

Materials/Props Needed: Lesson 8 DVD materials.

• Lead the children through the opening activity "Get To The Ski Lodge Board Game."

• Begin Worship Time



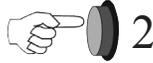
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1



STOP



2

Teacher leads the children in singing the song.



1



STOP



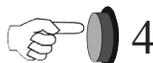
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TEACHER
(CD Track # 1) Great job, kids! Now I have a question for all of you. Who here has been sick before? *(have the children raise their hands)* One more question: Who here has had to take medicine that tasted bad? *(have the children raise their hands)* Yeah, I remember times when I've been sick and the medicine I drank tasted so awful I almost wouldn't take it. But if we want to get better, taking medicine is part of it. Sometimes in life, doing the right thing can be hard and we might not even want to do it. But just like we trust that medicine will make us feel better, even though it tastes bad, we need to trust that God has our best in mind, so we should do what He asks, even when it's hard. God knows more than us and He wants what is best for us. And that is what our main point talks about today: **Disciples of Jesus Trust That God Has our Best in Mind!** Now let's get up and shout!

Teacher leads the children by first demonstrating the main point with motions, or have a child help decide motions.

TEACHER

It's strange to think that God might ask us to do something unpleasant. But imagine a situation where if you tell the truth, you'll get in trouble. Does God want us to tell the truth even though we might get in trouble? Yes, because God tells us to tell the truth. I have a story that might help us with this. It's a Bible story, check this out:



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Note: Play "Bible Story Video."

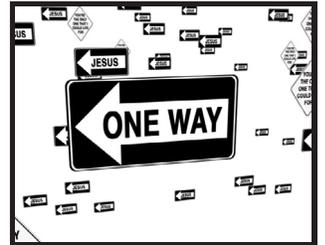
TEACHER

Peter trusted Jesus, and did what He asked, even though it didn't seem to make sense. That's the attitude we need to have too. We need to trust that God has our best in mind, even if doing what God

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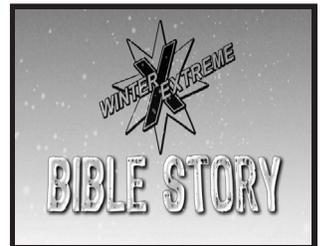
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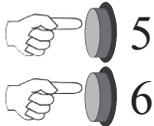
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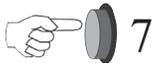
wants is hard or doesn't seem to make sense. *(looks at watch)* Well, it's now time for the final event of the Winter Extreme X-Factor Games: Synchronized Snowboarding! Come on, let's check it out.



Note: Play "skit video" followed by "extreme event."

TEACHER

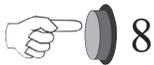
Wow, what a finish for the X-Factor games! That was great! By being honest, like God wants us to be, Rock and Scooter gave up first place. That wasn't fun for them. But they trusted that God would work things out for what was best, and He did. Things won't always be easy, and things won't always turn out the way we expect, but we need to trust God anyway. This Bible verse tells us all about it. Check it out.



"Trust in the Lord with all your heart; do not depend on your own understanding." Proverbs 3:5 NLT

TEACHER

If we depend on our own understanding, and don't trust God, we'll miss out on all the great things He has for us. God wants us to trust Him. He also wants us to worship Him and that's what I want us to do right now. Everyone please stand up and sing with me before we take up our offering.



Teacher leads the children in singing the song and then begins the offering time.

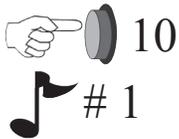
OFFERING



TEACHER

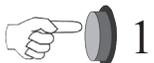
(CD Track # 4) That was awesome! Thank you for worshipping with me. We're going to continue to worship with our offering time. This is another time where we can show God our trust. We can trust God with our money and know that He will use it for what's best.

Teacher takes up offering.



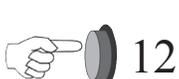
TEACHER

(CD Track # 1) It's now time for Small Groups! You'll learn about the different ways you can show God you trust Him. I'll see you when you get back.



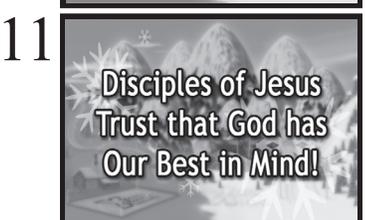
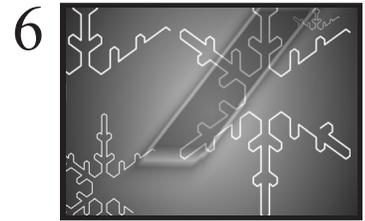
SMALL GROUPS

TEACHER



It's great to see everyone back from Small Groups! I'm going to need your help one last time. Let's **Help Team Extreme!**

Note: Lead the children through the questions. Hit "next" when a child has given you the right answer.



CLOSING



TEACHER

(CD Track # 1) Thanks again! I'm glad you were all here to help us cheer for Rock and Scooter and everyone else here at the Winter Extreme X-Factor games. I'm sad that they're over. But I look forward to next week when we'll be kicking off a brand new series. I hope to see you all back here for that. In the meantime, don't forget our main point: **Disciples of Jesus Trust that God has Our Best in Mind.**



OPENING ACTIVITY: GET TO THE SKI LODGE BOARD GAME

Lesson 8



The purpose of this activity: The purpose of this activity is to introduce children to the idea that God can do good things in our lives, even when things seem bad.

Description: The children will play a board game called, “Get to the Ski Lodge.” In this game, they will try to make their way to the ski shop but will find that they run into all kinds of obstacles along the way.

Materials Needed: “Ski Lodge Game Board lesson 8” and “Ski Lodge Game Cards Lesson 8” from the Lesson Materials CD Rom, playing pieces (anything that will mark each child’s place on the game board – pennies, dots, etc).

Note: Keep the game cards in order.



To introduce this activity, say the following:

1. Today we are playing “Get To The Ski Lodge.” The goal of the game is to get from the start to the ski lodge.
2. All you have to do to get to the ski lodge is draw a card with the number one on it.
3. There are some other cards in our deck though. They will tell us how many spots we can move forward.
4. I’ll explain some more of the rules as we go along.
5. Are you ready to play?

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. This game looks easy! All you have to do is land on a ski lift and get a one on the next card and you get to go right to the ski lodge. Let’s go ahead and pull a card to see where it takes us.

Each time you land on a ski lift square, play it up. Tell the kids that if they can just get a card that says, “move forward one space” then they will get to go to the ski shop and get off this mountain. Act disappointed each time that they don’t get a “move forward one space” card and have to keep going.

2. This game is hard. Did you think that it would be easy to get one space over to the ski lodge?



After this activity, say the following:

1. It looks like the creator of the game didn’t want us to just finish the game right away. It looks like we were supposed to get all these extra things. Even though things didn’t work out the way we wanted them to, good things still happened to us.
2. Today we are learning that even though bad things happen, God can still do good things through them.

<p style="text-align: center;">CARD # 1</p> <p style="text-align: center;">Move forward 3 steps.</p>	<p style="text-align: center;">CARD # 2</p> <p style="text-align: center;">An Avalanche keeps you from getting to the ski lodge. Move forward 3 steps and get some new goggles.</p>
<p style="text-align: center;">CARD # 3</p> <p style="text-align: center;">Move forward 2 steps.</p>	<p style="text-align: center;">CARD # 4</p> <p style="text-align: center;">There is a blizzard coming. Move forward 1 step and get a new ski coat.</p>
<p style="text-align: center;">CARD # 5</p> <p style="text-align: center;">Move forward 1 step.</p>	<p style="text-align: center;">CARD # 6</p> <p style="text-align: center;">The sun is going down and it's getting dark on the mountain. Move forward 2 steps and get some new skis.</p>
<p style="text-align: center;">CARD # 7</p> <p style="text-align: center;">Move forward 2 steps.</p>	<p style="text-align: center;">CARD # 8</p> <p style="text-align: center;">You fall down and get stuck in a hill of snow. A snow dog pulls you out. Move forward 1 step and get a warm new hat for your head.</p>

CARD # 9

The sun has come out and started to melt the snow. Move forward 3 steps and get a pair of mittens.

CARD # 10

Move forward 2 steps.

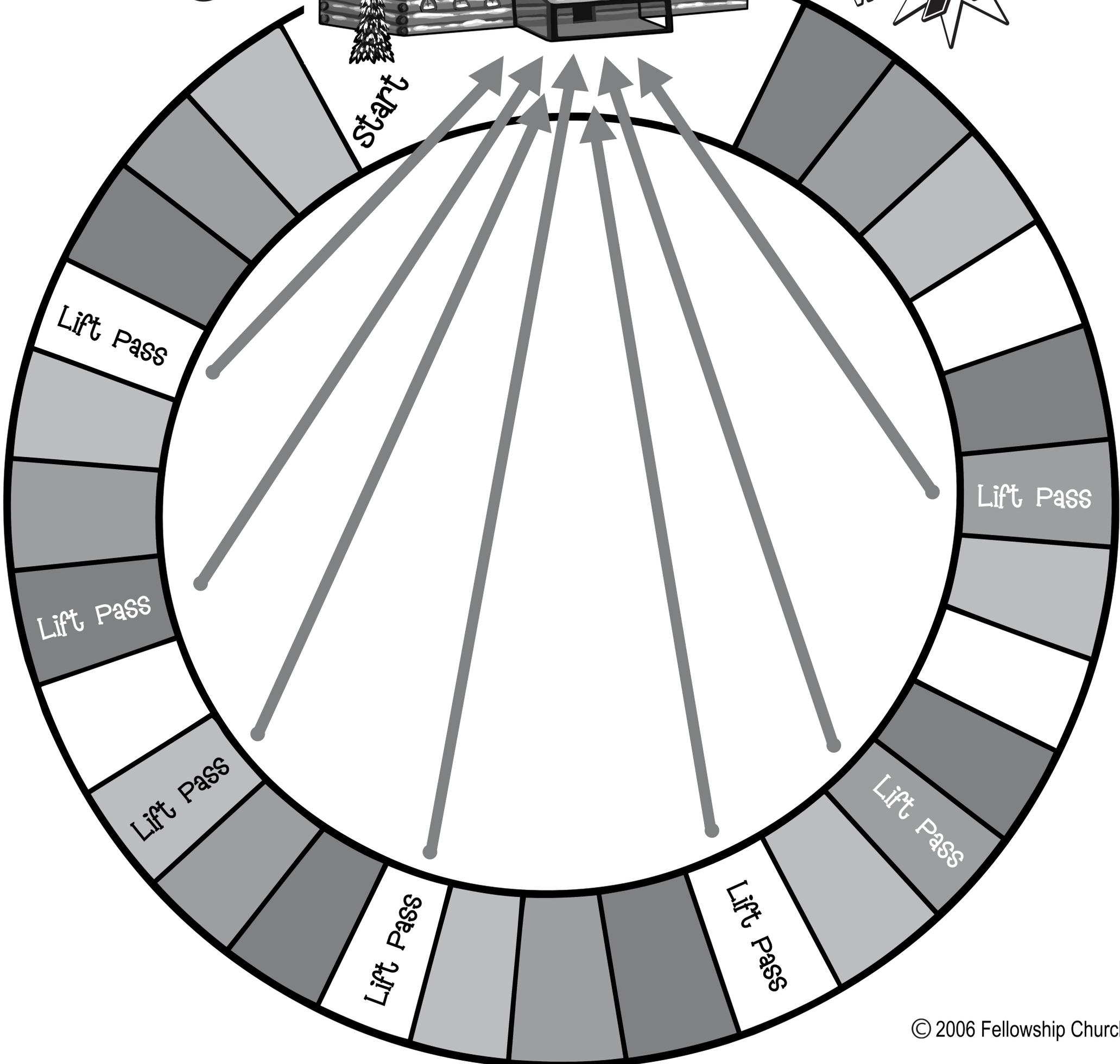
CARD # 11

You catch a cold. Move forward 4 steps and get a scarf.

CARD # 12

The day is beautiful. Move forward to the ski lodge where you will get a cup of hot cocoa to warm you up!!

Get to the SKI LODGE





SMALL GROUP ACTIVITY: BIBLE VERSE JUMBLE

Lesson 8



The purpose of this activity: This activity will get children into their Bibles as they review a verse from the Bible story.

Description: The children will look up a passage in the Bible from the story. They will then have a stack of words to unscramble so that it matches the Bible verse they found.

Note: There are two “Bible Verse Jumbles” available to you. The younger version will have the word and a symbol on the card for the children to match up. The older version will just have the words.

Materials Needed: “Bible Verse Word Cards Lesson 8 Younger or Older” from the Lesson Materials CD Rom.



To introduce this activity, say the following:

1. Today, we are going to learn a Bible verse from our story.
2. I will get you started and you can finish the verse.
3. Let’s all work together to get this done.

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. Our verse today comes from Luke 5:4.

Luke 5:4 (NLT)

“When he had finished speaking, he said to Simon, ‘Now go out where it is deeper and let down your nets to catch some fish.’”

2. Here is the first word in the verse and the rest of the cards. Let’s put the verse together in order.
3. Great job on putting the verse together! Who would like to read the verse aloud?
4. Now let’s all say it together!
5. Let’s get into our Bibles and find the verse.
6. If you are having a hard time finding the verse, raise your hand and I’ll help you.



After this activity, say the following:

1. You did a great job of putting the Bible verse words in order.
2. The Bible is God’s word and we should learn how to use it to make our lives better!
3. Remember, God knows what is best for us and we should trust Him.

BIBLE VERSE WORD CARDS LESSON 8

YOUNGER VERSION

When

he

had



finished

speaking

he



said

to

Simon



BIBLE VERSE WORD CARDS LESSON 8

YOUNGER VERSION

now

go

out



where

it

is



deeper

and

let



BIBLE VERSE WORD CARDS LESSON 8

YOUNGER VERSION

down

your

nets



to

catch

some



fish

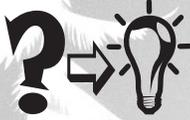
Luke 5:4





SMALL GROUP ACTIVITY: GOD IS IN CONTROL

Lesson 8



The purpose of this activity: Through this activity, the children will learn that God has our best in mind, even when bad things are happening.

Description: The children will read some Biblical accounts of people who had bad things happen to them. They will then answer some questions that will help them see that God was in control of each situation, even when bad things were happening.

Materials Needed: “Report Sheets Lesson 8 older” from the Lesson Materials CD Rom, and pencils (Older).



To introduce this activity, say the following:

1. We are going to read about some people from the Bible who were going through some bad times. Let's see what happened to them.

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. (*Older*) I am going to divide you into groups. Read this story and answer the questions on your report sheet. When you are finished, we will all share our answers with everyone else.
2. (*Younger*) Listen carefully while I read each story to you. When I finish each story, I will ask you some questions about it.

Note: The unfortunate things that happened in the story are in bold.

Story 1 – Joseph

Joseph was the favorite son of his father. His father gave him a special coat and that made his brothers unhappy. One day, they decided to hurt Joseph. They took the coat when they were far away from their house and **threw Joseph into a hole**. Before they left for home, the brothers saw some peddlers who were going to Egypt and they **sold their brother** to them. Then they smeared blood on Joseph's coat and took it to their father. They told their father that Joseph was eaten by a wild animal. Joseph's father **was very sad**. When Joseph got to Egypt, he was **sold to a man** who was in charge of the land. Joseph worked very hard and earned respect in the land of Egypt. One day the Pharaoh, who was the ruler of the land, heard that Joseph was able to interpret dreams and he asked Joseph to come tell him what his dreams meant. Joseph made friends with the Pharaoh and was given much power in the land. Later, his brothers came to Egypt to find food for their family. They didn't know that Joseph was there. Joseph learned that they were there and went to meet them. The brothers were sorry for selling him. They went home and told their father that Joseph was still alive and they all moved to Egypt to be together. The family was back together again.

1. What bad thing(s) happened in this story?
2. Was God still in control even though bad things were happening?

3. How did God use the bad thing(s) for good?

Story 2 – Ruth and Naomi

There were two women named Ruth and Naomi. Ruth was married to Naomi's son, but **he died**. Ruth was **sad and alone**, but she promised to stay with Naomi and go wherever she went. So when Naomi decided to go back to Bethlehem, where she was from, Ruth went with her. Ruth worked hard to take care of Naomi. Every day she went to the wheat fields and picked up grain to take home for their food. Ruth had to **work very hard every day** to get enough food for her and Naomi. It turned out that Ruth was working in the field of a man named Boaz. Boaz saw how hard Ruth worked to take care of Naomi. He decided that he wanted to marry her and take care of her and Naomi. Ruth was very happy then. Many years down the road, one of their descendants was Jesus.

1. What bad thing(s) happened in this story?
2. Was God still in control even though bad things were happening?
3. How did God use the bad thing(s) for good?

Story 3 – Gideon

God told Gideon that he wanted him to go and defeat a group of people who were very evil and were hurting other people. Gideon told God that **he didn't think he could do it because he was the youngest in his family and not many people would go with him**. God promised that He would help Gideon and make sure that he would win. Gideon took thousands of men with him. God told him that there were too many men. Gideon told the men that they could leave if they were afraid. **Over half of the men left**. Gideon was worried that he would not be able to defeat these people with such a small number of men. But, God told Gideon that there were **still too many men**. So Gideon took them down to the river. There at the river, God separated the men and told Gideon to **send home all but 300 of them**. Gideon was scared that he would not be able to defeat these evil people with so few men. God told him that He would help him, so Gideon took his men into the camp. Gideon and his 300 men were able to defeat the evil men so that they were not able to keep hurting good people.

1. What bad thing(s) happened in this story?
2. Was God still in control even though bad things were happening?
3. How did God use the bad thing(s) for good?



After this activity, say the following:

1. In each of these stories, God was in control of the situations.
2. We can learn from these stories that even when things seem to be going badly, God is still in control and has our best interest in mind.



SMALL GROUP ACTIVITY: THE BIG PICTURE

Lesson 8



The purpose of this activity: This activity will show the children that what they see in their life is only a small part of the big picture that God sees. Therefore, we should trust God.

Description: The children will look at a picture made up of smaller pictures through a small viewing circle to demonstrate that God sees the bigger picture.

Materials Needed: “The Big Picture Sheet and Cover lesson 8” from the Lesson Materials CD Rom, larger paper with hole cut out of it to put on top.



To introduce this activity, say the following:

1. Let's look at this picture. *(You will already have the picture covered with the paper with the hole in it).*

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

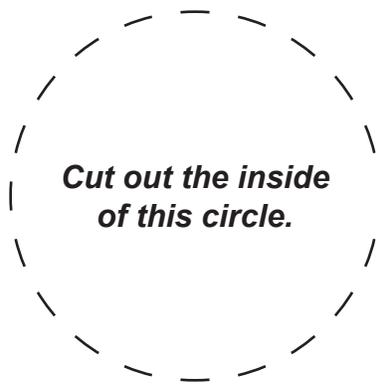
1. What do you see through this small hole? What do you think this is a picture of?
2. Let's move the hole around to see if we can see something else in this picture.
3. Now what do you see through the hole? *(Continue doing this and letting the children see different parts of the picture.)*
4. Let's look at the whole picture now. *(Remove the paper covering the whole picture.)*



After this activity, say the following:

1. What is this a picture of? Did you think that was what it was when we were looking at small pieces of the picture?
2. When we were looking at the small pieces of this picture, we couldn't tell what the big picture was.
3. We often see only a small part of our situation, but God sees all of it.
4. God promises to make all things turn out for good, even when they don't seem good at the time, because God sees the big picture.







SMALL GROUP ACTIVITY: YES, NO, OR WAIT - YOUNGER

Lesson 8



The purpose of this activity: This activity will show the children that God answers us in one of three ways – yes, no, or wait.

Description: The children will race to get through their stack of action cards. While they are playing, they will receive 3 different answers – yes, no, or wait.

Materials Needed: “Game Spinner Lesson 8” from the Lesson Materials CD Rom.



To introduce this activity, say the following:

1. Today, we are going to play, “Yes, No or Wait.” I will pick one of you and give you an action to do.
2. Then you will spin the spinner and if it stops on Yes, you can do the action. If it stops on No, you can’t do the action. If it lands on Wait, you have to wait until the next person goes before you can do your action.
3. Let’s play our game!

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. Don’t forget to spin the spinner before you move.

Actions to use during the game (*or come up with your own*):

- Pat your head
- Rub your tummy
- Hop on one foot
- Do 10 jumping jacks
- Touch your toes
- Jump in place 5 times
- Run in place and count to 10
- Say your alphabet
- Take 4 giant leaps towards me



After this activity, say the following:

1. There were three different answers that we got in this game. God answers us in three ways as well – yes, no, or wait.
2. How did you feel when you got a No or a Wait on the spinner?
3. Just like in the game, God can answer us in one of three ways; yes, no, or wait. We have to trust that He has our best in mind no matter what answer we get.

Action

Hop to the other side
of the room.

Action

Skip to the other side
of the room.

Action

Do three jumping jacks
and 1 push-up.

Action

Take five giant steps
and sit down.

Action

Crab walk
across the room.

Action

Run in place
while counting to fifty.

Action

Bend over to touch
your toes and
then walk backwards
four steps.

Action

Jump as high as you
can ten times.

Action

Duck walk
across the room.

Action

Do five push-ups and
twelve toe touches.

Action

Do fifteen jumping jacks
and five sit-ups.

Action

Give everyone
on the team
a high five.

Action

Bunny hop
across the room
and back.

Action

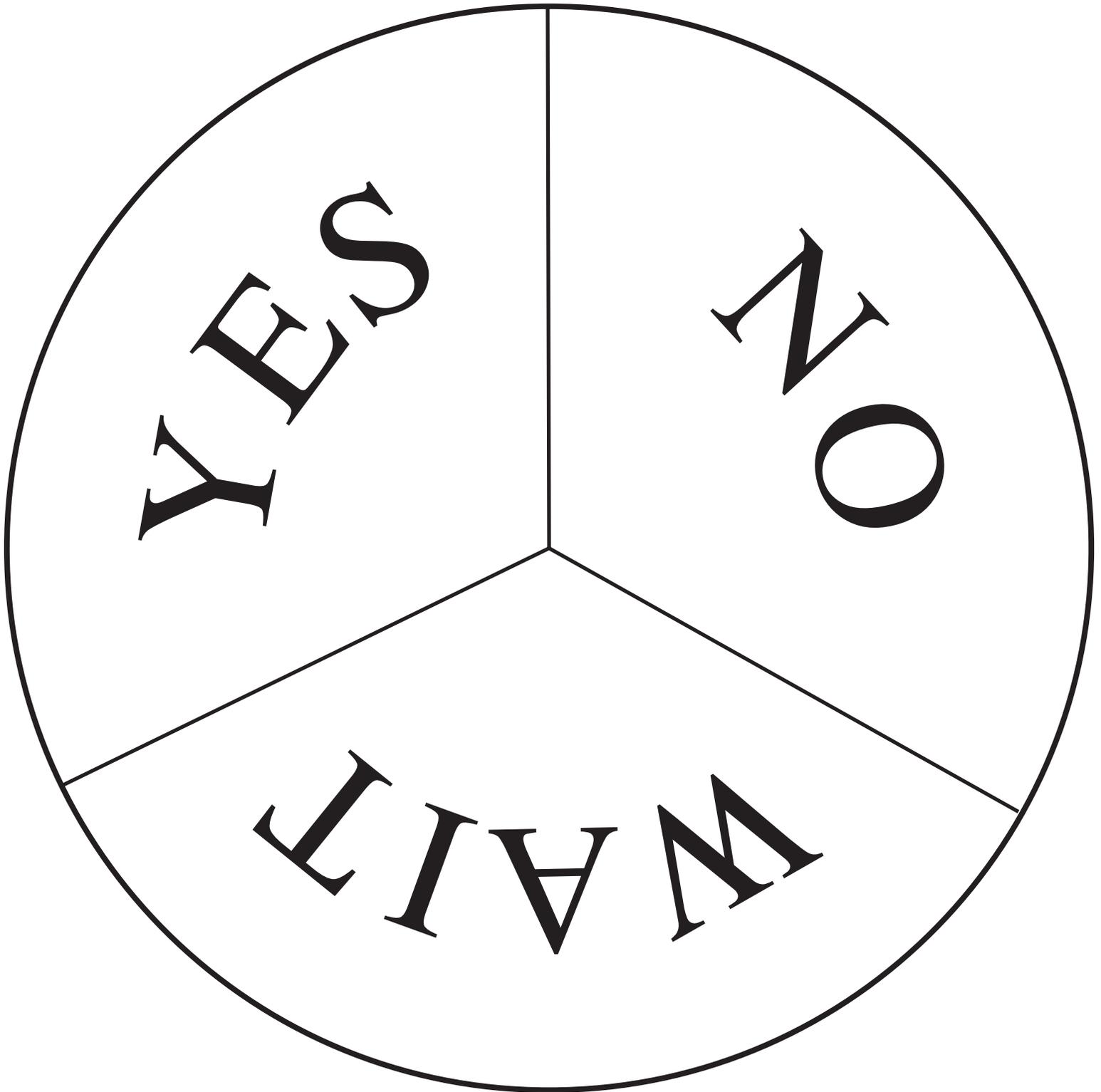
Hop on one foot
while counting
to twenty.

Action

Army crawl
across the room.

Action

Walk on all fours
(hands and feet on
the floor) across
the room.





LARGE GROUP ACTIVITY: HELP TEAM EXTREME

Lesson 8



The purpose of this activity: This is a strategic time to review and reinforce the content of the lesson.

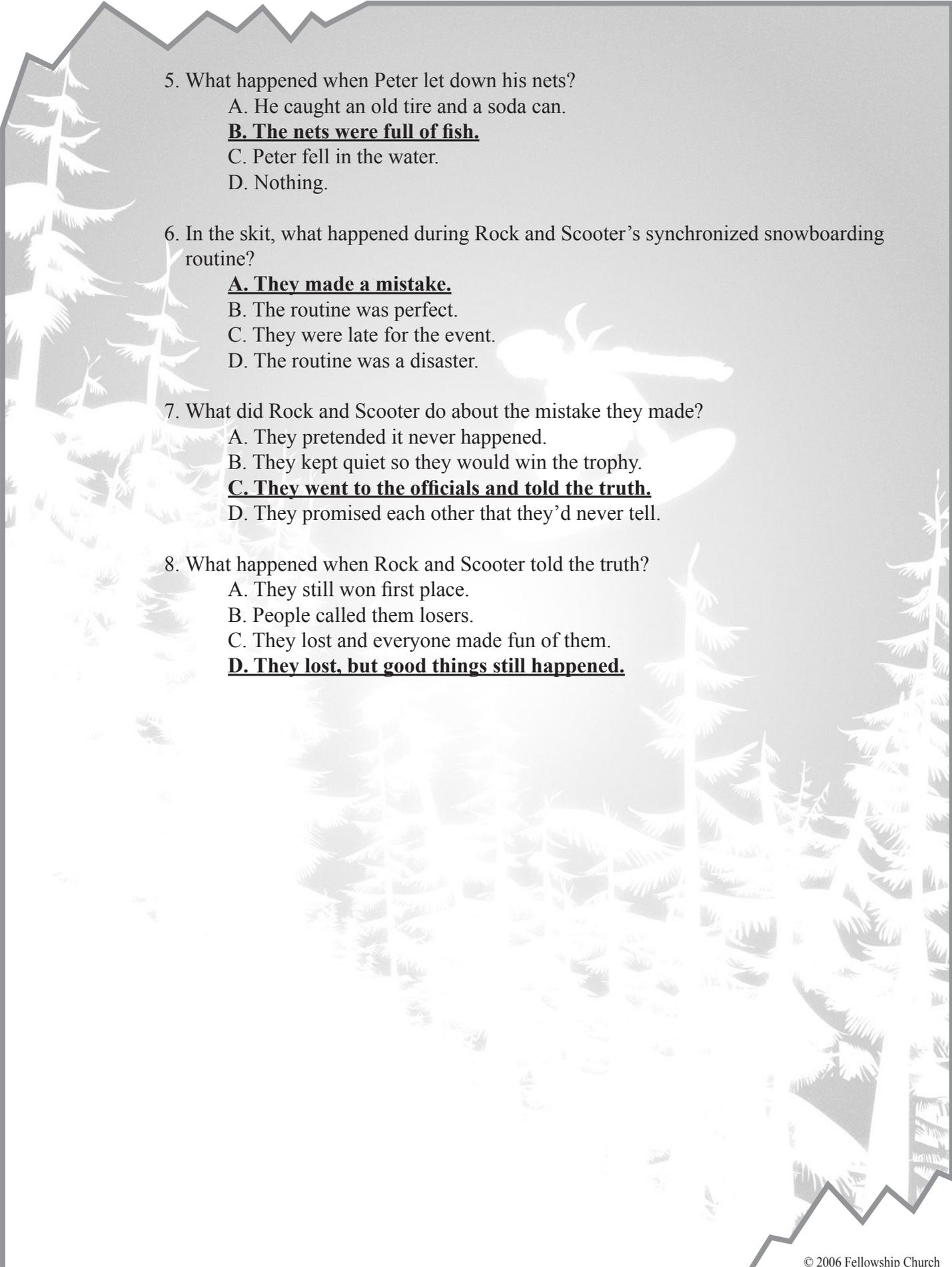
Materials Needed: DVD chapter “Help Team Extreme” lesson 8.



To introduce this activity, say the following:

Ask the following questions and have the children answer. When a child answers correctly, hit “next.”

1. When it’s hard to do the right thing, what should you do?
 - A. Let someone else do the right thing.
 - B. Do the right thing and trust that God has your best in mind.**
 - C. Take the easy route and do the wrong thing.
 - D. Wait until the problem goes away.
2. You made a bad grade at school. If your parents find out you’ll get in trouble. What should you do?
 - A. Don’t tell your parents about it.
 - B. Run away from home.
 - C. Skip school.
 - D. Tell your parents about the grade.**
3. In today’s Bible story, why did Jesus get in the boat?
 - A. Because not everyone in the crowd could see Him on the shore.**
 - B. Because He wanted to go for a boat ride.
 - C. Because He wanted to go fishing.
 - D. Because swimming would have been harder.
4. Peter hadn’t caught any fish the night before. What did Jesus tell him to do?
 - A. “Take the boat back to the shore.”
 - B. “Walk toward me on the water.”
 - C. “Let down your nets to catch some fish.”**
 - D. “Give me your boat.”



5. What happened when Peter let down his nets?

- A. He caught an old tire and a soda can.
- B. The nets were full of fish.**
- C. Peter fell in the water.
- D. Nothing.

6. In the skit, what happened during Rock and Scooter's synchronized snowboarding routine?

- A. They made a mistake.**
- B. The routine was perfect.
- C. They were late for the event.
- D. The routine was a disaster.

7. What did Rock and Scooter do about the mistake they made?

- A. They pretended it never happened.
- B. They kept quiet so they would win the trophy.
- C. They went to the officials and told the truth.**
- D. They promised each other that they'd never tell.

8. What happened when Rock and Scooter told the truth?

- A. They still won first place.
- B. People called them losers.
- C. They lost and everyone made fun of them.
- D. They lost, but good things still happened.**