



LESSON 3

Lesson Goal: The children will learn to treat other people the way that God wants them to be treated, with kindness and compassion.

Main Point: Disciples of Jesus Show Kindness to Others, Even if They Don't Deserve It!

Bible Story: Zacchaeus Meets Jesus (Luke 19: 1 - 10)

Memory Verse: "Do to others as you would like them to do to you." Luke 6:31 (NLT)

WHAT IS THE PURPOSE OF THESE ACTIVITIES?

Kindness Ball (Opening Activity)

This activity will help children develop the skill of being kind by complimenting others.

Skit and Bible Story (Large Group Activity)

The Skit and Bible story show the children that we should treat other people the way that God wants them to be treated, with kindness and compassion.

Bible Verse Jumble (Small Group Activity)

This activity will get children into their Bibles as they review a verse from the Bible story.

Connect the Dots (Small Group Activity)

This activity is a visual way for the children to review the Bible Story.

Kindness Coupons (Small Group Activity)

This activity will provide children with a practical way they can show kindness to others.

Rock Soup (Small Group Activity)

This activity will help children understand that one way to show kindness to others is to share with them.

Spoonful of Sugar (Small Group Activity)

This activity will show the children that kind words will draw people to you while unkind words will push people away.

Help Team Extreme (Large Group Activity)

This activity is a strategic time to review and reinforce the content of the lesson.

WINTER EXTREME

LESSON 3: DISCIPLES OF JESUS SHOW KINDNESS TO OTHERS,
EVEN IF THEY DON'T DESERVE IT.

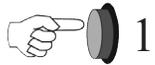
Single Teacher version - "Watch & Train" DVD



Purpose Statement: The Skit and Bible story show the children that we should treat other people the way that God wants them to be treated, with kindness and compassion.

Materials/Props Needed: Lesson 3 DVD materials.

• Lead the children through the opening activity "Kindness Ball."

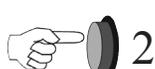


1 • Begin Worship Time



TEACHER

(CD Track # 1) Welcome back to the mountain everyone! The X-Factor games have been awesome so far and I'm glad all of you have been here to enjoy them with me. Let's warm up with a song! Everybody up!



Teacher & leads the children in singing the song.



TEACHER

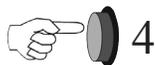
(CD Track # 1) Whew. Yes, I am definitely warmed up after that. Today we're talking about showing kindness to others. Being kind to people is extremely important. Jesus taught us that we need to live in harmony with other people. That means being kind even if people don't deserve it. Our main point tells us all about it. Check it out: **Disciples of Jesus Show Kindness to Others, Even If They Don't Deserve It!** Everybody stand and shout this with me!



Note: Teacher leads children by first demonstrating the main point with motions, or have a child help decide motions. Then have the children repeat the main point two or three times.

CO-TEACHER

So if we want to be a true disciple of Jesus, we need to show kindness to others. When it comes to showing kindness, Jesus gave us a great example to follow in the book of Luke, chapter 19. It's the story of Zacchaeus.



4 *Note: Play "Bible Story Video."*

TEACHER

Jesus knows that there will be times that we don't want to be kind. Sometimes we'll be around people who don't deserve our kindness. But no matter what, we should be kind. *(looks at watch)* We'll talk about this more a little later, but it's almost time for the next event; bobsledding. I know that Team Steadfast has been having some trouble in the events so far. Let's go see what their plan is to get into the lead.

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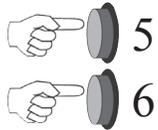


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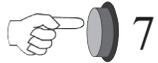




Note: Play "skit video" followed by "extreme event."

TEACHER

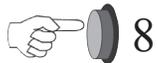
Wow, even though Rock was mean, I'm glad Scooter still responded with kindness. Showing kindness to others is big deal. And to help you, I have a Bible verse. Everyone here wants to be treated with kindness, so that's how we should treat other people. Just check out what the Bible tells us in Luke chapter 6, verse 31.



Luke 6:31 "Do to others as you would like them to do to you." NLT

TEACHER

That's a great verse to remember. Before you do anything to anyone else, you should ask yourself, "Is this something I would want someone to do to me?" If not, then don't do it. Right now, I want us to take a moment and worship God. Everyone please stand and sing this song with me.



Teacher leads the children in singing the song and then begins the offering time.

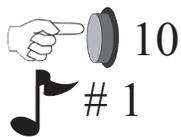
OFFERING



TEACHER

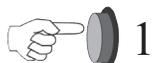
(CD Track # 4) God shows kindness to us. He's blessed us with our homes, and our families. He's even blessed us with this place where we can come worship and learn. I want us to thank God for His kindness by continuing our worship and giving our offering.

Teacher takes up offering.



TEACHER

(CD Track # 1) Thank you for worshipping with me. Remember if we are true disciples of Jesus, then we need to show kindness to others. Now we're going to break up into our small groups. This is a time when you will be able to show kindness to the people around you. I'll see you when you get back.



11 SMALL GROUPS

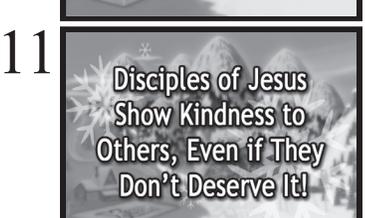
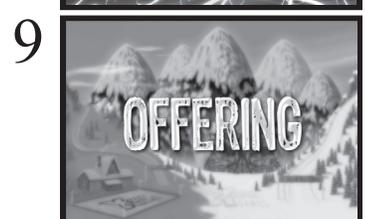
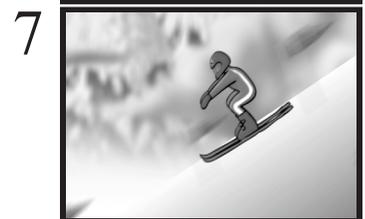
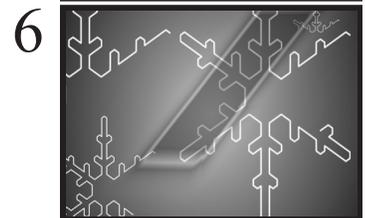
TEACHER



Welcome back! Now it's time for us all to show some kindness. It's time to **Help Team Extreme!** Let's see what you all remembered from the lesson today.

Note: Lead the children through the questions. Hit "next" when a child has given you the right answer.

CLOSING





TEACHER

(CD Track # 1) Whew, now that was some great answering! Good job, you guys. Remember to look for ways that you can show kindness to others this week. Because, just like our main point says, **Disciples of Jesus Show Kindness to Others, Even If They Don't Deserve It.** We'll see you back here on the mountain next week.



OPENING ACTIVITY: KINDNESS BALL

Lesson 3



The purpose of this activity: This activity will help children develop the skill of being kind by complimenting others.

Description: In this game the children will toss the ball to someone else in the circle and that person will compliment them.

Materials Needed: 1 Ball.



To introduce this activity, say the following:

1. We're going to play a game called "Kindness Ball" today. *(You can have the kids sit in a circle or line up in two facing lines.)*
2. One person is going to toss the ball to someone else.
3. When you get the ball, you need to think of something nice to say about the person who threw the ball to you. *(You may need to help the kids think of some nice things to say about the person who threw the ball to them. i.e. I like your dress, you are nice, that was a good throw, etc.)*
4. Let's play our game!

Note: You can use different methods to have the kids toss the ball to each other (i.e., with a bounce, one handed, behind their back, etc.)

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. You are doing a good job at thinking of something nice to say about the person who throws the ball to you.
2. Keep thinking of some kind things you can say to others when it's your turn to catch the ball.

After this activity, say the following:



1. Good job! I was so excited to hear all the nice things that you said about each other.
2. Today we are going to talk about being kind and one way to be kind is to complement others. We'll learn about some more ways to be kind in today's lesson.



SMALL GROUP ACTIVITY: BIBLE VERSE JUMBLE

Lesson 3



The purpose of this activity: This activity will get children into their Bibles as they review a verse from the Bible story.

Description: The children will look up a passage from today's Bible story. They will then have a stack of words to unscramble so that it matches the Bible verse they found.

Note: There are two "Bible Verse Jumbles" available to you. The younger version will have the word and a symbol on the card for the children to match up. The older version will just have the words.

Materials Needed: : "Bible Verse Word Cards Lesson 3 Younger or Older" from the Lesson Materials CD Rom.



To introduce this activity, say the following:

1. Today, we are going to review our memory verse.
2. I will get you started and you can finish the verse.
3. Let's all work together to get this done.

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. Our verse today comes from Luke 6:31.

Luke 6:31 (NLT)

"Do to others as you would like them to do to you."

2. Here is the first word in the verse and the rest of the cards. Let's put the verse together in order.
3. Great job on putting the verse together! Who would like to read the verse aloud?
4. Now let's all say it together!
5. Let's get into our Bibles and find the verse.
6. If you are having a hard time finding the verse, raise your hand and I'll help you.



After this activity, say the following:

1. You did a great job of putting the Bible verse words in order.
2. The Bible is God's word and we should learn how to use it to make our lives better!
3. Remember our verse and always do to others as you would like them to do to you.

BIBLE VERSE WORD CARDS LESSON 3

YOUNGER VERSION

Do

to

others



as

you

would



like

them

to



BIBLE VERSE WORD CARDS LESSON 3

YOUNGER VERSION

do

to

you



Luke 6:31





SMALL GROUP ACTIVITY: KINDNESS COUPONS - YOUNGER

Lesson 3



The purpose of this activity: This activity will provide children with a practical way they can show kindness to others.

Description: The children will have a page of coupons to give to someone throughout the week.

Materials Needed: “Coupon Sheet Lesson 3 younger” from the Lesson Materials CD Rom, crayons.



To introduce this activity, say the following:

1. I am going to give you some coupons that you can color and then give to someone this week.
2. Let's look at what kind of coupons we have on our sheet.

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

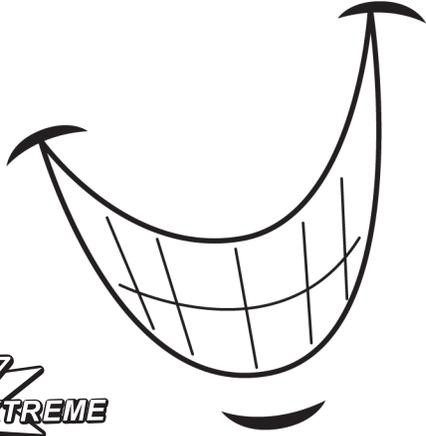
1. Who can tell me what some of the coupons are on this sheet? (*Smile, hug, pat on the back, high five, gift, and card.*)
2. Who are some people you could give these coupons to? (*Parents, siblings, neighbors, friends, etc.*)
3. Who can tell me some other ways that you can show kindness to other people? (*Let kids come up with their own ways to show kindness.*)



After this activity, say the following:

1. You came up with some great ways to show kindness to others.
2. Use these coupons to show kindness this week.
3. Remember, disciples of Jesus show kindness to others, even if they don't deserve it.

Kindness Coupon



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Kindness Coupon



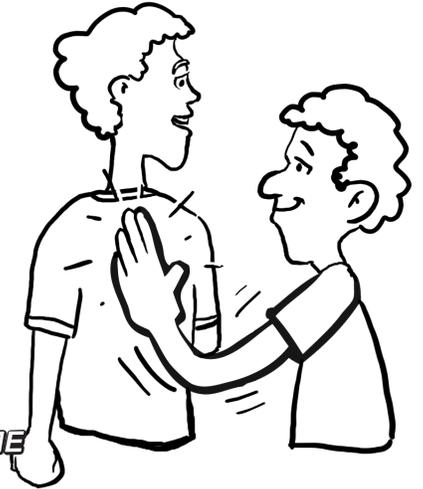
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Kindness Coupon



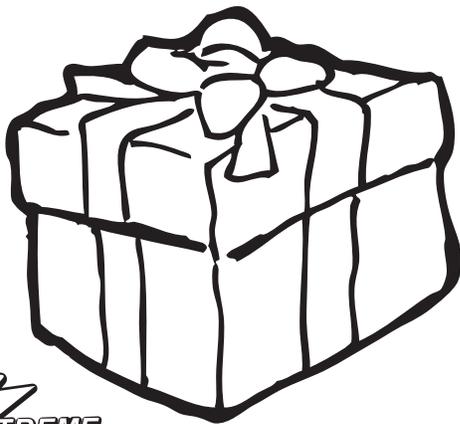
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SMALL GROUP ACTIVITY: ROCK SOUP

Lesson 3



The purpose of this activity: This activity will help children understand that one way to show kindness to others is to share with them.

Description: The leader will read the story of Rock Soup to the children to help them understand that sharing is a method of showing kindness.

Materials Needed: “Rock Soup Story Sheet Lesson 3” From the Lesson Materials CD Rom.



To introduce this activity, say the following:

1. Today, I’m going to read you a story called “Rock Soup.”
2. I want you to listen closely and see if you can tell me when someone is being kind.
3. One way to be kind is to share with others.
4. If you think someone is being kind in the story, give me a thumbs up sign.

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. Listen closely to this story.
2. Don’t forget to give me a thumbs up sign if you think someone is being kind by sharing.



After this activity, say the following:

1. Wow! You all listened very well and were able to tell me when someone was being kind by sharing.
2. What are some things you have that you can share with others? (*Toys, games, snacks, etc.*)
3. Just like the people in the story were being kind by sharing what they had, we can show kindness to others by sharing our things with them.



THE STORY OF ROCK SOUP

Once upon a time, there was a traveler who was very hungry. One day, he went to a village and began talking to the villagers. Everyone he talked to told him to move on because there was no food there. He told them that he had everything he needed for dinner and he wanted to share with them.

He told the villagers that he wanted to make some Rock Soup for them. No one thought that Rock Soup sounded very good, but they were curious about what he was doing. He pulled out an iron pot from his bag, filled it with water, and built a fire under it. Then he pulled an ordinary-looking rock from his pocket and dropped it into the water.

By now, more and more of the villagers had heard about this Rock Soup that the traveler was making and they wanted to see it. They came to the town square to see what was going on. While he was waiting for the water to boil, the traveler began to sniff his soup and rub his stomach. "Ahh," the traveler said to himself rather loudly, "I do like a tasty rock soup. Of course, rock soup with cabbage is so much better than plain rock soup."

One of the villagers ran home and came back with a bit of cabbage he had been hiding. He added it to the pot and the traveler thanked him. Then the traveler mentioned that once he had rock soup with cabbage AND salt and pepper. That soup, he said, was the best rock soup he had ever had. Another villager managed to find some salt, and another one some pepper. Every time the traveler mentioned something else that might go well with the rock soup, someone in the village was able to find that item. By the time the soup was ready, there was cabbage, salt, pepper, potatoes, onions, carrots, mushrooms, and much more. This was going to be a delicious meal for all.

The traveler shared his Rock Soup with everyone in the village. They were excited to have been able to share in the tasty meal and to find a new friend in the traveler. Before he left the village, the traveler reminded the people that good things come when everyone shares what they have. The villagers remembered what the traveler said long after he left the village and they did their best to share what they had with other people.



SMALL GROUP ACTIVITY: SPOONFUL OF SUGAR

Lesson 3



The purpose of this activity: This activity will show the children that kind words will draw people to you, while unkind words will push people away.

Description: This is an object lesson using water, pepper, soap, and sugar that will help the children see the effects that their words have on the people around them.

Materials Needed: Bowl of water, pepper, sugar, bar of soap.



To introduce this activity, say the following:

1. Today, we are going to see what happens to the people around you when you use kind words and when you use unkind words.
2. Watch closely so you can see what happens!

For detailed instructions on how to do this activity, see the DVD.



During the activity, say the following:

1. I'm going to pour some pepper into this bowl of water. The pepper represents people around us.
2. Sometimes we say unkind words to the people around us. We might say something like, "You look silly wearing glasses," "That shirt looks ugly on you," or even, "I don't like you. You aren't my friend."
3. These words hurt people and push them away from us.
4. This bar of soap is like our unkind words. Watch what happens to the pepper when I put the soap in the water. *(The soap should repel the pepper.)*
5. Now, when we say kind words, something different happens.
6. Who can tell me some kind words you might say to someone? *(Let kids respond.)*
7. Those are great kind words! This sugar is going to be like our kind words.
8. Watch what happens when we say kind things to other people. *(The pepper should be drawn to the sugar.)*



After this activity, say the following:

1. Wasn't that neat to see what happened when we put the soap *(unkind words)* and sugar *(kind words)* in with the pepper *(other people)*?
2. Just like the pepper moved toward the sugar, people will move towards you *(want to be around you)* when you say kind words to them.



SMALL GROUP ACTIVITY: HELP TEAM EXTREME

Lesson 3



The purpose of this activity: This is a strategic time to review and reinforce the content of the lesson.

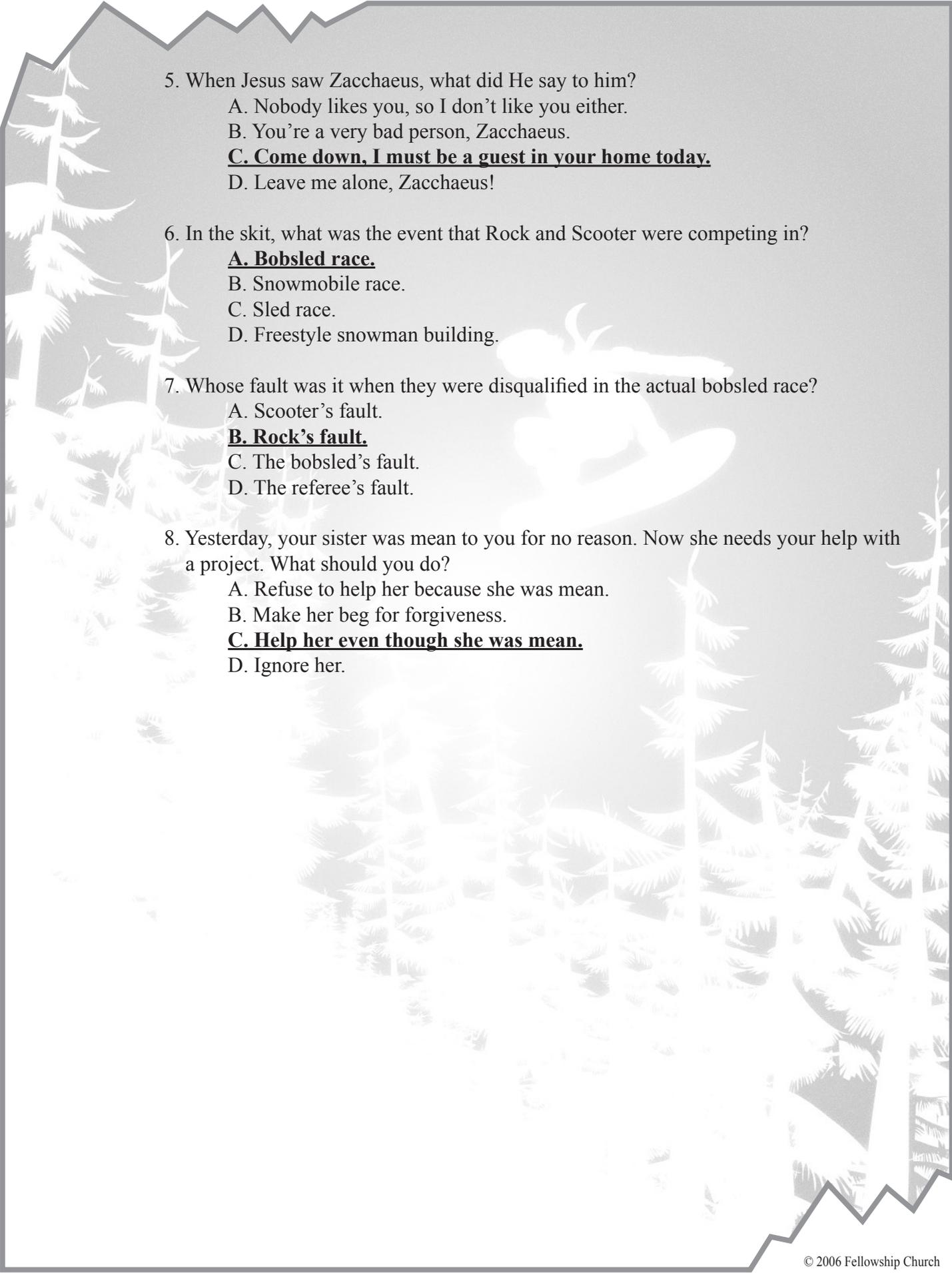
Materials Needed: DVD chapter “Help Team Extreme” lesson 3.



To introduce this activity, say the following:

Ask the following questions and have the children answer. When a child answers correctly hit “next.”

1. You should show kindness to others _____.
 - A. When you feel like it.
 - B. When they deserve it.
 - C. Even when they don’t deserve it.**
 - D. On Tuesday.
2. You’re having a birthday party soon and it’s time to invite people from your class at school. Some of your classmates have been nice to you, but some of them have been mean. Who should you invite?
 - A. Nobody.
 - B. Just the people who are nice to you.
 - C. Just the people who are mean to you.
 - D. Everybody.**
3. In today’s Bible story, there was a man named Zacchaeus. What was his job?
 - A. Trash Collector.
 - B. Tax Collector.**
 - C. Stamp Collector.
 - D. Dog Catcher.
4. When Jesus came to town, Zacchaeus was too short to see Him over the crowd. What did Zacchaeus do?
 - A. He went home to find a ladder.
 - B. He kicked his way through the crowd.
 - C. He gave up.
 - D. He climbed a tree.**



5. When Jesus saw Zacchaeus, what did He say to him?

A. Nobody likes you, so I don't like you either.

B. You're a very bad person, Zacchaeus.

C. Come down, I must be a guest in your home today.

D. Leave me alone, Zacchaeus!

6. In the skit, what was the event that Rock and Scooter were competing in?

A. Bobsled race.

B. Snowmobile race.

C. Sled race.

D. Freestyle snowman building.

7. Whose fault was it when they were disqualified in the actual bobsled race?

A. Scooter's fault.

B. Rock's fault.

C. The bobsled's fault.

D. The referee's fault.

8. Yesterday, your sister was mean to you for no reason. Now she needs your help with a project. What should you do?

A. Refuse to help her because she was mean.

B. Make her beg for forgiveness.

C. Help her even though she was mean.

D. Ignore her.