



# LESSON 4

I WILL TAKE TIME TO LISTEN TO GOD!

## FAMILY DEVOTIONAL

Our Bible Verse this week is Proverbs 16:20. This verse explains the benefits of listening.

Our Bible Story this week is about Peter listening to Jesus and walking on the water with Jesus. Read Matthew 14:22-32 with your child.

### QUIET, TRY IT!

Have a Quiet Hour in your house two or three times a week. During Quiet Hour no one is allowed to talk or use the phone, computer, music player, television, radio, or anything else that uses electricity, makes noise, or communicates with others. Keep the family together in one room. Each family member must spend part of Quiet Hour praying and reading the Bible. The rest of the time they may sit quietly, or engage in a creative activity such as drawing, painting, writing in a journal, or sculpture. No reading newspapers, comic books, or magazines. (*Very young children may be allowed to draw or color Bible story pictures or take a nap.*) Make a game of it, giving a prize to the person who is the quietest. Unplugging from the pace of modern life will prepare your family to listen to God. Close your Quiet Hour by having a short family prayer time.

### MARCO POLO

Play a game of Marco Polo with your whole family. If it is inconvenient to go to a pool, you can clear an area in your home of obstacles and play with each member walking on his or her knees. Have a CD player with a favorite CD ready. At some point in the game turn up the music on the player very loudly. At a stopping point in the game, ask if it is more difficult to hear with the distraction of the music. Explain that just like it is hard to play the game with the distracting music, it is hard for us to listen to God with all the distractions in our lives. Make a plan to remove some of the distractions that keep you and your family from having the time to listen to God.