

# FAMILY DEVOTIONAL

## LESSON 1

### GOD IS MY ROCK; I SHOULD USE HIS WORD AS MY FOUNDATION!

#### **BIBLE STORY**

As a family read the story Jesus told in Matthew 7:24-29 and talk about the two different types of foundations. How can we build our lives on a strong foundation and not on sand?

#### **FIND A FOUNDATION**

One day this week, take a drive through a neighborhood that is being built. Find a house where the foundation is still visible so the children can get a picture of what a solid foundation looks like. What if the builder built the house of sand or dirt? Would the house be as strong? Help them make the connection that, when we do what God's Word says, we are building our life on a solid foundation, just like this house is built on a strong foundation.

#### **FOUNDATION GAME**

Send your children through the house to find four things they could use as a foundation for a house they make out of building blocks (pillow, book, paper cup, chair). Let them build their house on the different foundations they chose. Talk through which foundation worked best and why. Discuss how our lives are built on a foundation. We can have a strong, sturdy foundation if we base our decisions on God's Word, or we can have a soft, weak foundation if we base our decisions on something other than God's Word.

BUT DON'T  
JUST LISTEN  
TO GOD'S  
WORD. YOU  
MUST DO  
WHAT IT  
SAYS.

OTHERWISE,  
YOU ARE  
ONLY  
FOOLING  
YOURSELVES.  
JAMES 1:22

AS A FAMILY, COMPLETE THESE ACTIVITIES AND CIRCLE THE ONES YOU COMPLETED BELOW. HAVE YOUR CHILD PUT THEIR NAME IN THE BLANK. CUT THIS CORNER OUT AND TURN IT IN THE NEXT TIME THEY COME.

**BIBLE STORY**

**FOUNDATION GAME**

**FIND A FOUNDATION**

**CHILD'S NAME** \_\_\_\_\_