LESSON 2: A GOOD FRIEND IS HELPFUL!

Single Teacher version - "Watch and Train" DVD

Watching Bible Story and Skit on DVD



Purpose Statement: The Skit and Bible Story will teach the children that we should do our best to help others by meeting their needs without waiting until someone asks us for help.

Materials/Props Needed: 1 chair, 1 coffee table.

• Lead the children through the opening activity "Red Carpet Scramble" or "From The Back To The Front."





• Begin Worship Time.

Note: For this lesson use Sound Track CD # 1.



TEACHER

(CD Track # 1) Welcome back to the set, everyone! Now that you're all here, our tour can continue. We'll hang out backstage, see different parts of the studio lot, see what's happening with our famous actors and learn some cool things about being a good friend along the way. But first I need everybody up and out of their seats! This tour can't start without some music!



Teacher leads the children in singing the song.



Nice job, everyone! And I'm going to need you to keep that same energy level for the rest of the tour. Let's take a second to recap a little from last week's tour. Here at the studio we're working on the movie <u>Treasure Hunter 7</u>. This movie stars Tom Hunter and Skip Patterson. We talked about how a good friend should be wise and that means they make good choices and use their words to help you make good choices too. A good friend is wise and a good friend helps you with good advice. But good friends also help each other with their actions. I can't stress enough how important being helpful is. But one way to remember it is to make it our main theme for the tour: A Good Friend Is Helpful! And to be sure we won't forget, we need to shout it with some motions.



The Teacher leads the children by first demonstrating the Main Point with motions. These motions should be similar to cheerleader-type hand motions. The Teacher can make up the motions or have the children help come up with them. Once everyone has gone over the Main Point, have the children repeat it with motions two or three times.







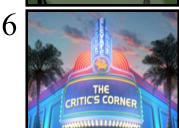
TEACHER

Wow, that might have been too loud. Hopefully we didn't disturb the shooting of the movie. Yes, we should be helpful. That means that when we see that someone has a need, we should help them with it. We should help our friends study for school, help our families with chores around the house, and we should even help people we don't know. And we should especially help each other when we're on the set of a movie. Speaking of which, I think Julie is about ready to guide us around backstage. And I hope that this time, Tom and Skip will be more helpful to each other. I'm sure all their fighting and bickering last time was just because they were having a hard day. I'm sure they'll be great friends this time and will help each other every step of the way. Right?



















Note: Play "Skit Video" chapter # 4 followed by "Race Video" chapter #5.

TEACHER

Okay it doesn't look like Tom or Skip have made any progress in their friendship. And we need to talk about what just happened in my favorite segment: The Critic's Corner!

Teacher pulls up a chair and a small coffee table.

TEACHER

Now correct me if I'm wrong, but it looked like the main problem was all those heavy bags that Skip had to carry. (7) Do you think it was fair for Skip to carry all of those bags by himself? (allows children to answer) It was a serious problem with a simple solution: Tom should have acted like a friend and offered to carry some of the bags. The scene still would have worked and they would have been finished twice as fast. But what did Tom do? (allows the children to answer) That's right. He refused to help. (8) And because Tom refused to help, someone else had to. Who was the one who acted like a real friend to Skip? (allows children to answer) That's right. It was Julie. She saw that Skip needed help and she helped him in two ways. She helped him by talking to Tom about the problem and she helped by making the bags lighter so he could carry them more easily. (9) She helped Skip like friends are supposed to and her attitude allowed filming to continue. Well, filming continued until Tom started chasing Skip around the set. But that's all we have time for in this segment of The Critic's Corner. Thank you for joining us.

Teacher puts the chair and coffee table away.

TEACHER

Julie saw the need and helped to meet the need. We should be the same kind of friends to the people around us. I wish Tom and Skip didn't have such a hard time with this concept. The idea of good friends helping each other has been around for thousands of





years! One man a long time ago who was blessed with really good friends was a man named Moses. He had a couple of good friends named Aaron and Hur. The story is found in the Bible in Exodus chapter 17. Let's open our Bibles and follow along with the story.

11 Note: Play "Bible Story Video" chapter # 11.

TEACHER

Without the help of Aaron and Hur, the Israelites might have lost the battle. They helped Moses by giving him a place to sit and even holding his arms up for him. And Moses didn't ask them for their help. They saw the need and jumped in with their help without being asked. That's one of the best ways we can be a good friend. Don't wait for someone to ask you for your help. Look around and see where you can be helpful like Aaron and Hur were to Moses. I bet you guys could think of some ways you can help others right now. Let's hear a few of them. Raise your hand and tell me some ways you can help others.

Teacher takes a few moments hearing responses from the children.

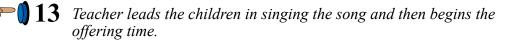
TEACHER

Those all sounded like great ideas and you should get started on those this week. And I have a Bible Verse that will encourage you to always be helpful. Check it out.

"We should help others do what is right and build them up in the Lord." Romans 15:2 (NLT)

TEACHER

I really like the way that this verse describes what help is. Helping others is building them up. I don't know about you but that's the kind of friends I want to have in my life. I want friends who help me do what is right and build me up. I don't want friends who get me into trouble or tear me down. And I'm betting you don't either. Instead, how about we all try to do a better job of looking for people with needs that we can help them with? Let's take some time to thank God for what He has taught us about friendship. Everybody up.





TEACHER (CD Track # 4) Thank you for singing with me. Let's continue to

worship God with our offering. This is the time when we thank God for everything He's done and everything He has blessed us with by giving back to Him. Let's pray.







© 2014 Elevate

Lead the children in prayer. If you want to, include elements of the lesson you are teaching today. For instance, today we are talking about how good friends help each other. So you might say, "God, please help us to choose friends who will be helpful. And please show us people who we can help and be good friends to. Amen." Take up the offering.



TEACHER

(CD Track # 1) This has been a really great tour so far! But now it is time for us to split up into our sub-tour groups and learn a 15 little bit more about being helpful. (15) I now turn things over to your personal tour leaders.

> Note: If you are staying in your room, transition to the Small Group activities by reviewing the Main Point. You can have the children say it fast, slow, while hopping on one foot, or even while walking around the room. Challenge them to get back to their seats before you can finish reciting the Main Point. If your Small Group(s) travel to a second room or location, have the children repeat the Main Point while walking in various ways. Ex: Skipping, crawling, walking backwards, pretending to drive, pretending to fly, etc.





■**16** SMALL GROUPS

Teacher greets the children as they return from Small Groups.

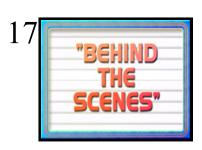


TEACHER

I don't know about you but I've had a lot of fun with this tour group today. We've covered some really important information about friendship and we've taken a very "interesting" look at what making a movie is like. And I like to end every tour with a review game I call "Behind The Scenes!"



Note: Lead the children through the questions. Hit "play" when a child has given you the right answer.



CLOSING



TEACHER

(CD Track # 1) Well done on those questions! Our tour starts up again next week at the same time. Come back so you can see what happens next with Julie, Tom, Skip and even Director J.S. Hoffens. We'll see you back here next time. Don't forget our theme for today: A Good Friend Is Helpful!

4

© 2014 Elevate



PURPOSE:

This opening activity will start the children thinking about ways that they can help others.

DESCRIPTION:

In this activity the children will work as a group to help a child at the front of the group. They will pass items that the child needs from the back of the group to the child at the front.

MATERIALS NEEDED:

For this activity you will need this help sheet, the "Back To The Front Pictures Lesson 2" and the "Back To The Front Signs Lesson 2" from the Lesson Materials CD-ROM.

Note: For this game the children will need to sit all facing one direction. They may sit in rows of chairs, or just on the floor. Place the Signs at the front of the group and the Pictures at the back of the group. Option: You could choose to replace the Pictures with the actual things, or representations of what is in the pictures. For example, to replace the picture of giving a friend a ride to church you could use a large plastic car.

TO INTRODUCE THE ACTIVITY SAY:

- 1. Everyone has had to help a friend at one time or another.
- 2. Today we are all going to work together to help a friend.
- 3. Things that our friend needs will be at the back of the room and our friend will be at the front of the room.
- 4. We will have to work together to get what our friend needs from the back to the front.

For detailed instructions on how to do the activities, see the DVD.

Note: Choose one child to be the Needy Friend and have him or her stand at the front with the signs. Choose one child to be the Helpful Friend and have him or her stand at the back with the objects. You could rotate new children into these positions after each item is passed or leave them there for the entire game.

TO LEAD THE ACTIVITY SAY:

- 1. Our Needy Friend is going to stand at the front and hold up a sign. The sign will say something that our friend needs.
- 2. Our Helpful Friend is going to stand at the back of the room and look through the items to find

CONTINUED ON PAGE 2



CONTINUED FROM PAGE 1

something to help our Needy Friend.

- 3. Then it has to be passed from the back to the front.
- 4. Everyone else has to stay in his or her seat. Just stay facing forward and hold your hands back over your head. If the person behind you puts something in your hands pass it to the front.
- 5. Now it is time to help our Needy Friend. Hold up the sign, and our Helpful Friend at the back will find what you need.
- 6. Then everyone will help pass it forward.

Note: Help the child at the back decide/find the correct object to send to the front. Before moving on to the next need and object, take a moment to discuss/explain how we helped our friend. Add variety by having them pass the items or papers in different ways. Have them sit sideways and pass them. Have one row pass them under the chair and the next row pass them over the chair. Etc.

AFTER THE ACTIVITY SAY:

- 1. In this game, what told the Helpful Friend at the back how to help our Needy Friend at the front? (The sign said what they needed.)
- 2. What would have happened if our friend at the back had not looked at the signs, but had just passed up random things? (It might not have helped.)
- 3. We need to watch for the signs that our friends might need our help and when we see them we should do something to help.

CLOSING STATEMENT:

Today we are learning about helping our friends. Just like in this game, one of the first things we can do to help our friends is to watch and see when they need something. Then we can act to help them without having to be asked.















Back To The Front Signs

Lesson 2

IFORGOT MULUNCH.

Back To The Front Signs

IT'S COLD OUTSIDEANDI DON'THAVE A WACKET.

1D0N'THAVE ARDE TO CHURCH.

Back To The Front Signs

Lesson 2

I'M ABOUT TO SNEEZE.

Back To The Front Signs

Lesson 2

I'M REALLY THRSTY.

FORGOT TO BRING A PENCIL 70 SCH00L.

I GOTA PAPER CUT, BUTIDON'T HAVE A BANDAGE.



PURPOSE:

This object lesson will remind the children of the Bible Story and help them learn that they should support their friends by looking for opportunities to help them.

DESCRIPTION:

In this activity the children will play a game where they are passing objects from one bucket to another. Each team has a leader. The leader has to hold his or her arms up above his or her head. While the leaders arms are raised, the team can pass objects. When the leaders hands drop, the team must stop passing objects. Once a leader's arms become tired and he or she can't hold them up any more, two members of the team will come to help hold up his or her arms.

MATERIALS NEEDED:

For this activity you will need this help sheet, two tubs filled with play pen balls or small objects, four Bibles

Note: Set up the tubs with an equal number of play pen balls in each one. There should be enough room between the tubs for half of the children to sit side by side.

TO INTRODUCE THE ACTIVITY SAY:

- 1. In our Bible Story today, Moses had to hold his staff up in his hand. Something happened when Moses' hands were raised and something happened when they dropped. What was that? (The Israelites won when his hands were up and lost when his hands dropped.)
- 2. Just like Aaron and Hur in the story, we are going to learn to help our friends today.
- 3. I want to divide you into two teams.

For detailed instructions on how to do the activities, see the DVD.

Note: Have the teams sit down side by side in a line between the tubs. Each team member should sit back to back with an opposite team member so that the teams are looking different directions. Choose one leader for each team to be Mo. Stand each team's Mo where only that team can see him or her. Give two Bibles to each Mo.

TO LEAD THE ACTIVITY SAY:

1. In this game each team starts with the same number of balls in their bucket. Your team's tub is to your left. Your opponent's tub is to your right.

CONTINUED ON PAGE 2



CONTINUED FROM PAGE 1

- 2. When I say go, the team member sitting next to your tub may pull out one ball at a time and pass it to the right.
- 3. You may pass only one ball at a time to your neighbor. The team mate on the right side of the line will put the balls that you pass into the other team's tub.
- 4. You may not toss or throw the balls and you may not have more than one ball at a time.
- 5. Also you must watch your leader, called Mo. Mo must hold the Bibles up above his or her head.
- 6. Mo cannot call for help, so watch closely. If any of the Bibles drop below Mo's head your team must stop passing the balls.
- 7. When Mo's hands drop, two members of your team may come up and help hold up Mo's arms and the Bibles. When you have Mo's arms back up, the team may start passing again.
- 8. While you help Mo, you will count the balls being passed into the other team's tub. When you have counted five balls, one of you will become the new Mo and the others will go back to the line.

Note: Play until all children have had a chance to be Mo or to help Mo.

AFTER THE ACTIVITY SAY:

- 1. How was this game similar to the Bible Story? (We helped a friend by holding up his or her arms.)
- 2. In this game you had to watch Mo carefully to see when Mo's arms would get too low.
- 3. Mo didn't tell you he or she needed help, but you were watching and when Mo needed help you gave it.
- 4. In life, our friends aren't going to be walking around trying to hold books up in the air, but we still need to watch for times when our friends need help.

CLOSING STATEMENT:

When we see a friend struggling with something we shouldn't wait around for an invitation. We should help him or her in any way that we can.



PURPOSE:

This activity will teach the children to think quickly about helping others.

DESCRIPTION:

In this activity the children will have to race to come up with ideas of how to be helpful.

MATERIALS NEEDED:

For this activity you will need this help sheet, a hula hoop or tape circle on the floor, and the "How Can I Help Pictures Lesson 2" from the Lesson Materials CD-ROM.

Note: Optional instructions for younger children are given below.

TO INTRODUCE THE ACTIVITY SAY:

- 1. Has anyone ever come up and helped you right when you needed it? That is a great feeling!
- 2. To do that someone had to see that you needed help, think quickly about how to help you, and then do it.
- 3. Today we are going to compete to see who can think the fastest and come up with the best way to help in some situations.

For detailed instructions on how to do the activities, see the DVD.

Note: Divide the children in teams and place the hula hoop or tape circle across the room.

TO LEAD THE ACTIVITY SAY:

- 1. The circle across the room is called the Helpful Circle.
- 2. I will read a situation. After I have read it, I will count to twenty while each team discusses what would be helpful.
- 3. When I get to twenty, one member of your team will race to the circle. The team member that gets there first gets to tell his or her team's idea.
- 4. Only the person in the circle can explain your team's idea. You cannot yell it from the side.
- 5. If I agree that the idea is helpful your team will get two points. If I don't think the idea is helpful, you will not get any points.
- 6. Then I will ask the second team's representative to tell his or her team's idea. If it is helpful they will get one point. If it is not helpful they will get no points.



CONTINUED FROM PAGE 1

Note: Read the situations and keep track of each team's score.

YOUNGER OPTION: Have one child from each team race to the circle. Then the whole team will decide between the two choices that are given on the back of the picture card.

AFTER THE ACTIVITY SAY:

- 1. Some of those situations were pretty hard, but you are quick thinkers!
- 2. If we want to be good friends, then we need to be quick to help others, just like you were quick in this game.

CLOSING STATEMENT:

Watch for the opportunity to help those around you this week. When you see a chance to help, be quick about it, just like you were in this game.





There is a kid in my class who has been getting bad grades, but I have been getting good grades. How can I help?

- 1. Ask the kid to study with me.
- 2. Let the kid cheat off my paper.

I was out on the playground and saw a kid fall. How can I help?

- 1. Point and laugh.
- 2. Help the kid up and find a teacher.





My mom has had to work a lot more than usual and there is a lot to get done at home. How can I help?

- 1. Whine about not seeing her.
- 2. Offer to help with chores around the house.

I saw my brother drop something that belongs to my parents and it broke. How can I help?

- Tell my brother to show our parents what happened and tell the truth.
- 2. Offer to keep it a secret if he will do all my chores.





My friend got dizzy spinning on the merry-go-round at recess and threw up. How can I help?

- 1. Help him off the merry-go-round and find a teacher.
- 2. Point and laugh.

My parents always take me to my favorite restaurant once a week, but lately my parents are worried about money. How can I help?

- Order more food at the restaurant so you can have leftovers.
- 2. Tell your parents that you can eat at home to help save money and they can save eating out for special occasions.





My pastor stacks the chairs after church on Sunday and no one helps. My family always leaves right after church. How can I help?

- 1. Get my friends and my parents to help stack chairs.
- 2. Leave as soon as my parents get there so that we can go eat.

My friend likes to come to church, but his parents sleep in on Sunday and they don't go to church.

How can I help?

- 1. Tell him his parents are sinners.
- 2. Offer to let him ride to church with us any time.



PURPOSE:

This activity will encourage the children to take the initiative to help others.

DESCRIPTION:

In this activity the children will have to wait while the teacher does some time consuming tasks. If all the children decide to help, the tasks will take much less time.

MATERIALS NEEDED:

For this activity you will need this help sheet, a set of Scrabble(TM) letters or alphabet blocks, some playing cards, a tub filled with paper wads, some notebook or printer paper, a hula hoop.

Note: Scramble up the Scrabble(TM) letters or alphabet blocks. Put the playing cards by themselves. Keep the tub of paper wads near you so that you can dump it out over the whole room at the appropriate time. Put the hula hoop on the floor and put the paper across the room. Please adjust the activities to the difficulty level appropriate for the age of the children you are working with.

TO INTRODUCE THE ACTIVITY SAY:

- 1. I'd really like to keep learning about helping others, but I have a few things to do first.
- 2. If you guys will wait just a minute, I will try to get done as fast as I can.

For detailed instructions on how to do the activities, see the DVD.

Note: Explain what you have to do before you start. Be careful not to phrase things in a way that asks the children to help you. Also be careful not to phrase things in a way that tells the children not to help you. Don't say, "Boy, I wish I had some help." or "You don't have to help me, I'll get it done."

TO LEAD THE ACTIVITY SAY:

- 1. I have to toss these paper wads all over the room and then pick them up and put them back in the tub.
- 2. But before I do that, I have to build a card house that is two stories high.
- 3. But before I do that, I have to put all these letters in alphabetical order.
- 4. But before I do that, I have to make paper airplanes and toss them into the hula hoop from across the room. I have to get five of them to land in the hula hoop.
- 5. Whew! That will be a lot of work. I hope it doesn't take me too long.

Note: Begin with the airplanes. Keep talking to the children about what you are doing, but be careful not to ask them for help, or to discourage them from helping.

CONTINUED ON PAGE 2

© 2014 Elevate



CONTINUED FROM PAGE 1

AFTER THE ACTIVITY SAY:

- 1. Some of you helped me with my tasks. I was very glad to get your help and it helped me to finish quickly. Thank you!
- 2. Did I ask you to help me? (No.)
- 3. Why did you do it? (Because we are learning that friends help without asking.)
- 4. What about those of you who didn't help? Why didn't you help me? (Didn't think about it, you didn't ask, too hard.)
- 5. In our Bible Story today we learned that Aaron and Hur were good friends to Moses by helping him. And Moses didn't even have to ask for help.
- 6. Because they did that, Moses was able to help the Israelites win a great battle.

CLOSING STATEMENT:

We can help our friends do amazing things if we will watch for opportunities to help them.



PURPOSE: This is a strategic time to review and reinforce the content of the lesson.

DESCRIPTION: The children will compete to answer questions from the DVD chapter "Behind The Scenes Review" and to complete behind the scenes tasks. This week's task will be moving cases.

MATERIALS NEEDED: For this activity you will need this help sheet, lesson chapter "Behind The Scenes Review" from the DVD, four large areas taped out on the ground, and two large piles of boxes, cases, and luggage.

Note: Make sure you have enough boxes so that the teams cannot finish the activity. Pile the boxes in one of the taped out areas. Try to make the area just barely big enough for all the boxes to fit. Use many different sizes and shapes of boxes to make the activity more difficult. Use all the same size boxes to make the activity easier.

TO INTRODUCE THE ACTIVITY SAY:

- 1. Julie Simpson isn't the only person that Director J.S. Hoffens uses on the set. We need to get to work too.
- 2. I've divided you into two teams. There are two ways to earn points for your team.
- 3. I will ask questions about today's lesson. If your team answers the question correctly, you will score points for your team.
- 4. But that's not all. After each question, there will be a countdown timer. How much time will it be? Who knows? It all depends on J.S. Hoffens' mood!
- 5. Both teams will attempt to perform J.S. Hoffens' Task Of The Day until the timer stops.
- 6. When time is up, I will award points to the team who made the most progress in finishing J.S. Hoffens' Task Of The Day.
- 7. I will choose a new volunteer from each team for each question. At the end, we will add up points and declare a winner!
- 8. It's time to find out J.S. Hoffens' Task Of The Day!

For detailed instructions on how to do the activities, see the DVD.

TO LEAD THE ACTIVITY SAY:

- 1. Today, J.S. Hoffens needs these cases and boxes moved from one location to the other. The boxes not only have to be moved, but have to fit into the exact space marked for them! J.S. Hoffens likes things neat!
- 2. At the end, the team with the most boxes neatly and carefully stacked will be the winner!

Note: You could have one or more children competing in the task. Ask the review questions by reading them from the screen or from page two of this help sheet. After each question have the children perform J.S. Hoffens' Task Of The Day until the timer runs out. After each question, judge which team has made the most progress toward finishing the task and award points. At the end declare a winner.

CONTINUED ON PAGE 2



Ask the following questions and ask for volunteers to answer. If they answer correctly, hit "play" on the DVD.

- 1. Imagine that one of your classmates trips and spills his or her tray in the cafeteria at lunch. What is something you could say that would be helpful? What is something you could do that would be helpful?
- 2. Imagine that your friend is nervous about a spelling test in school tomorrow. Which of these is the best way to help your friend?
 - A. Give your friend the answers during the test.
 - B. Remind your friend to study before the test.
 - C. Take the time to study with your friend before the test.
 - D. Tell him to pretend to be sick so he won't have to take the test.
- 3. True or false? We should wait for someone to ask us before we give them some help.
 - A. True.
 - B. False.
- 4. In today's Bible Story, how did Aaron and Hur help Moses?
 - A. They took care of Moses' chores for the day.
 - B. They took turns holding the staff for Moses.
 - C. They joined the battle so the Israelites would win faster.
 - D. They held up Moses' arms until Israel won the battle.
- 5. Backstage today, how was Julie a good friend to Skip?
 - A. She brought breakfast for everyone on the set.
 - B. She found a way to make's Skip's bags easier to carry.
 - C. She told the director to stop yelling at everyone.
 - D. She made Tom carry some of the bags.
- 6. Fill in the blanks. "We should help ______ do what is right and _____ them up in the Lord." Romans 15:2 (NLT)

A. others, build.

- B. friends, pick.
- C. people, help.
- D. everyone, stack.

Return to script to close the service.